

Felixstowe Waves Swimming Club Covid-19 Session Procedures

Arrive at the Leisure Centre no earlier than 15 minutes early and avoid social gathering. Make sure you have all your equipment / clothing in a named bag, and you are swim ready!

Follow the operator directions given to the pool entrance.

When you are poolside, listen to the coaches and follow their instructions, remember to keep your distance!

Enter the pool as instructed by your coach and be mindful to keep your distance whilst swimming and during rest breaks – Only use your own drinks bottle!!

Only leave the pool when instructed to by your coach and make sure you dry yourself off properly before putting your tracksuit on.

When you are ready to leave, follow the correct route out of the centre. Do not use the showers. Club officials will ensure anyone under 18 has been picked up.