

## Suffolk ASA Winter League Grand Final 2017 - 14/01/2017

## Results - final

## Event 1 Girls 100 SC Meter IM

Name	Age Team	Finals Time
1 Nmkt, F Open O	17 Newmarket	1:08.75
2 Stot, F Open O	17 Stowmarket	1:10.54
3 Wsut, F Open O	17 West Suffolk	1:10.67
4 Flxt, F Open O	17 Felixstowe	1:11.22
5 Debt, F Open O	17 Deben	1:11.54
6 Lobb, F Open O	17 Lowestoft Blue	1:12.01
7 Ldst, F Open O	17 Leiston	1:13.43
8 Halt, F Open O	17 Halstead	1:14.85
9 Bect, Open O	17 Beccles	1:16.18
10 Midt, F Open O	17 Mildenhall	1:22.36
11 Loby, F Open O	17 Lowestoft Yellow	1:28.59

## Event 2 Boys 100 SC Meter IM

Name	Age Team	Finals Time
1 Nmkt, M Open T	17 Newmarket	1:01.74
2 Stot, M Open T	17 Stowmarket	1:03.61
3 Debt, M Open T	17 Deben	1:03.71
4 Flxt, M Open T	17 Felixstowe	1:03.94
5 Bect, M Open T	17 Beccles	1:04.33
6 Halt, M Open T	17 Halstead	1:04.94
7 Wsut, M Open T	17 West Suffolk	1:05.07
8 Ldst, M Open T	17 Leiston	1:07.72
9 Midt, M Open T	17 Mildenhall	1:09.14
10 Lobb, M Open T	17 Lowestoft Blue	1:11.52
--- Loby, M Open T	17 Lowestoft Yellow	DQ

## Event 3 Girls 11 &amp; Under 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Nmkt, F Eleven T	11 Newmarket	35.08
2 Flxt, F Eleven T	11 Felixstowe	37.49
3 Bect, Eleven T	11 Beccles	37.73
4 Debt, F Eleven T	11 Deben	38.73
5 Wsut, F Eleven T	11 West Suffolk	39.38
6 Lobb, F Eleven T	11 Lowestoft Blue	39.40
7 Ldst, F Eleven T	11 Leiston	40.03
8 Loby, F Eleven T	11 Lowestoft Yellow	40.05
9 Halt, F Eleven T	11 Halstead	41.75
10 Stot, F Eleven T	11 Stowmarket	45.65
11 Midt, F Eleven T	11 Mildenhall	46.46

## Event 4 Boys 11 &amp; Under 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Nmkt, M Eleven T	11 Newmarket	33.08
2 Lobb, M Eleven T	11 Lowestoft Blue	33.44
3 Wsut, M Eleven T	11 West Suffolk	38.33
4 Flxt, M Eleven T	11 Felixstowe	39.00
5 Bect, M Eleven T	11 Beccles	41.29
6 Ldst, M Eleven T	11 Leiston	41.86
7 Loby, M Eleven T	11 Lowestoft Yellow	42.51
8 Debt, M Eleven T	11 Deben	42.60
9 Halt, M Eleven T	11 Halstead	43.62
10 Stot, M Eleven T	11 Stowmarket	45.14
11 Midt, M Eleven T	11 Mildenhall	49.06

## Event 5 Girls 13 &amp; Under 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Nmkt, F Thirteen O	13 Newmarket	38.53
2 Debt, F Thirteen O	13 Deben	39.21
3 Lobb, F Thirteen O	13 Lowestoft Blue	39.55
4 Flxt, F Thirteen O	13 Felixstowe	39.67
5 Stot, F Thirteen O	13 Stowmarket	40.28

6 Midt, F Thirteen O	13 Mildenhall	41.06
7 Ldst, F Eleven O	11 Leiston	41.23
8 Wsut, F Thirteen O	13 West Suffolk	41.51
9 Bect, Thirteen O	13 Beccles	42.44
10 Loby, F Thirteen O	13 Lowestoft Yellow	44.24
11 Halt, F Thirteen O	13 Halstead	45.11

## Event 6 Boys 13 &amp; Under 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Wsut, M Thirteen O	13 West Suffolk	34.70
2 Nmkt, M Thirteen O	13 Newmarket	34.80
3 Debt, M Thirteen O	13 Deben	36.03
4 Lobb, M Thirteen O	13 Lowestoft Blue	39.77
5 Bect, M Thirteen	13 Beccles	40.23
6 Ldst, M Thirteen O	13 Leiston	41.88
7 Flxt, M Thirteen O	13 Felixstowe	41.96
8 Stot, M Thirteen O	13 Stowmarket	42.32
9 Loby, M Thirteen O	13 Lowestoft Yellow	42.47
10 Midt, M Thirteen O	13 Mildenhall	42.57
11 Halt, M Thirteen O	13 Halstead	44.17

## Event 7 Girls 15 &amp; Under 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Nmkt, F Fifteen T	15 Newmarket	29.54
2 Flxt, F Fifteen T	15 Felixstowe	29.61
3 Wsut, F Fifteen T	15 West Suffolk	29.68
4 Lobb, F Fifteen T	15 Lowestoft Blue	30.19
5 Debt, F Fifteen T	15 Deben	30.52
6 Loby, F Fifteen T	15 Lowestoft Yellow	31.09
7 Ldst, F Fifteen T	15 Leiston	31.13
8 Stot, F Fifteen T	15 Stowmarket	32.41
9 Bect, Fifteen T	15 Beccles	33.16
10 Midt, F Fifteen T	15 Mildenhall	35.64
11 Halt, F Fifteen T	15 Halstead	45.92

## Event 8 Boys 15 &amp; Under 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Wsut, M Fifteen T	15 West Suffolk	26.44
2 Lobb, M Fifteen T	15 Lowestoft Blue	27.18
3 Stot, M Fifteen T	15 Stowmarket	27.21
4 Nmkt, M Fifteen T	15 Newmarket	27.26
5 Debt, M Fifteen T	15 Deben	27.28
6 Flxt, M Fifteen T	15 Felixstowe	28.31
7 Loby, M Fifteen T	15 Lowestoft Yellow	29.16
8 Ldst, M Fifteen T	15 Leiston	30.63
9 Midt, M Fifteen T	15 Mildenhall	31.95
10 Halt, M Fifteen T	15 Halstead	32.97
--- Bect, M Fifteen T	15 Beccles	DQ

## Event 9 Girls 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Debt, F Open O	17 Deben	30.62
2 Wsut, F Open O	17 West Suffolk	30.64
3 Nmkt, F Open O	17 Newmarket	31.11
4 Flxt, F Open O	17 Felixstowe	31.45
5 Stot, F Open O	17 Stowmarket	32.79
6 Lobb, F Open O	17 Lowestoft Blue	32.84
7 Halt, F Open O	17 Halstead	33.51
8 Ldst, F Open O	17 Leiston	34.24
9 Bect, Open O	17 Beccles	35.05
10 Midt, F Open O	17 Mildenhall	37.27
11 Loby, F Open O	17 Lowestoft Yellow	38.62

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## Event 10 Boys 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Nmkt, M Open O	17 Newmarket	26.67
2 Wsut, M Open O	17 West Suffolk	27.70
3 Debt, M Open O	17 Deben	27.92
4 Stot, M Open O	17 Stowmarket	28.19
5 Bect, M Open O	17 Beccles	28.26
6 Flxt, M Open O	17 Felixstowe	29.14
7 Halt, M Open O	17 Halstead	30.16
8 Ldst, M Open O	17 Leiston	30.18
9 Lobb, M Open O	17 Lowestoft Blue	30.21
10 Midt, M Open O	17 Mildenhall	32.92
11 Loby, M Open O	17 Lowestoft Yellow	35.70

## Event 11 Girls 11 &amp; Under 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Nmkt, F Eleven O	11 Newmarket	31.50
2 Wsut, F Eleven O	11 West Suffolk	33.23
3 Flxt, F Eleven O	11 Felixstowe	33.68
4 Bect, Eleven O	11 Beccles	34.03
5 Ldst, F Eleven O	11 Leiston	34.18
6 Debt, F Eleven O	11 Deben	34.48
7 Lobb, F Eleven O	11 Lowestoft Blue	35.04
8 Stot, F Eleven O	11 Stowmarket	35.33
9 Halt, F Eleven O	11 Halstead	37.04
10 Loby, F Eleven O	11 Lowestoft Yellow	37.47
11 Midt, F Eleven O	11 Mildenhall	41.48

## Event 12 Boys 11 &amp; Under 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Lobb, M Eleven O	11 Lowestoft Blue	31.06
2 Flxt, M Eleven O	11 Felixstowe	31.86
3 Ldst, M Eleven O	11 Leiston	31.91
4 Nmkt, M Eleven O	11 Newmarket	31.97
5 Debt, M Eleven O	11 Deben	32.94
6 Stot, M Eleven O	11 Stowmarket	33.48
7 Halt, M Eleven O	11 Halstead	33.97
8 Bect, M Eleven O	11 Beccles	34.25
9 Wsut, M Eleven O	11 West Suffolk	34.88
10 Loby, M Eleven O	11 Lowestoft Yellow	37.40
11 Midt, M Eleven O	11 Mildenhall	41.25

## Event 13 Girls 13 &amp; Under 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Debt, F Thirteen O	13 Deben	32.81
2 Wsut, F Thirteen O	13 West Suffolk	33.72
3 Bect, Thirteen O	13 Beccles	33.85
4 Nmkt, F Thirteen O	13 Newmarket	34.61
5 Flxt, F Thirteen O	13 Felixstowe	34.99
6 Lobb, F Thirteen O	13 Lowestoft Blue	35.93
7 Stot, F Thirteen O	13 Stowmarket	36.37
8 Ldst, F Thirteen O	13 Leiston	37.68
9 Loby, F Thirteen O	13 Lowestoft Yellow	38.30
10 Midt, F Thirteen O	13 Mildenhall	41.15
11 Halt, F Thirteen O	13 Halstead	41.52

## Event 14 Boys 13 &amp; Under 50 SC Meter Butterfly

Name	Age Team	Finals Time
1 Stot, M Thirteen O	13 Stowmarket	31.23
2 Lobb, M Thirteen O	13 Lowestoft Blue	32.41
3 Debt, M Thirteen O	13 Deben	32.62
4 Bect, M Thirteen	13 Beccles	32.79
5 Ldst, M Thirteen O	13 Leiston	34.50

6 Loby, M Thirteen O	13 Lowestoft Yellow	35.83
7 Nmkt, M Thirteen O	13 Newmarket	37.96
8 Flxt, M Thirteen O	13 Felixstowe	38.98
9 Midt, M Thirteen O	13 Mildenhall	39.73
10 Halt, M Thirteen O	13 Halstead	39.91
11 Wsut, M Thirteen O	13 West Suffolk	42.80

## Event 15 Girls 15 &amp; Under 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Stot, F Fifteen O	15 Stowmarket	29.96
2 Wsut, F Fifteen O	15 West Suffolk	33.60
3 Nmkt, F Fifteen O	15 Newmarket	33.64
4 Debt, F Fifteen	15 Deben	33.78
5 Flxt, F Fifteen O	15 Felixstowe	33.82
6 Bect, Fifteen O	15 Beccles	34.34
7 Ldst, F Fifteen O	15 Leiston	34.66
8 Lobb, F Fifteen O	15 Lowestoft Blue	35.74
9 Loby, F Fifteen O	15 Lowestoft Yellow	35.84
10 Halt, F Fifteen O	15 Halstead	37.36
11 Midt, F Fifteen O	15 Mildenhall	39.91

## Event 16 Boys 15 &amp; Under 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Debt, M Fifteen O	15 Deben	29.18
2 Wsut, M Fifteen O	15 West Suffolk	29.89
3 Nmkt, M Fifteen O	15 Newmarket	31.36
4 Lobb, M Fifteen O	15 Lowestoft Blue	31.95
5 Bect, M Fifteen	15 Beccles	32.72
6 Stot, M Fifteen O	15 Stowmarket	33.26
7 Flxt, M Fifteen O	13 Felixstowe	34.02
8 Loby, M Fifteen O	15 Lowestoft Yellow	34.22
9 Ldst, M Fifteen O	15 Leiston	36.39
10 Midt, M Fifteen O	15 Mildenhall	38.86
11 Halt, M Fifteen O	15 Halstead	40.27

## Event 17 Girls 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Nmkt, F Open T	17 Newmarket	35.43
2 Lobb, F Open T	17 Lowestoft Blue	37.33
3 Wsut, F Open T	17 West Suffolk	37.67
4 Halt, F Open T	17 Halstead	37.87
5 Ldst, F Open T	17 Leiston	37.89
6 Flxt, F Open T	17 Felixstowe	39.99
7 Debt, F Open T	17 Deben	40.16
8 Stot, F Open T	17 Stowmarket	41.13
9 Bect, Open T	17 Beccles	42.21
10 Midt, F Open T	17 Mildenhall	50.35
11 Loby, F Open T	17 Lowestoft Yellow	52.84

## Event 18 Boys 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Nmkt, M Open T	17 Newmarket	32.01
2 Stot, M Open T	17 Stowmarket	32.50
3 Wsut, M Open T	17 West Suffolk	32.54
4 Ldst, M Open T	17 Leiston	33.22
5 Flxt, M Open T	17 Felixstowe	33.63
6 Midt, M Open T	17 Mildenhall	34.27
7 Halt, M Open T	17 Halstead	34.31
8 Bect, M Open T	17 Beccles	35.39
9 Debt, M Open T	17 Deben	35.65
10 Lobb, M Open T	17 Lowestoft Blue	40.43
11 Loby, M Open T	17 Lowestoft Yellow	43.06

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## Event 19 Girls 13 &amp; Under 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Leiston	A	2:01.03
1) Ldst, F Eleven O 11	2) Ldst, F Eleven T 11	
3) Ldst, F Thirteen O 13	4) Ldst, F Thirteen T 13	
2 Felixstowe	A	2:05.12
1) Flxt, F Eleven O 11	2) Flxt, F Eleven T 11	
3) Flxt, F Thirteen O 13	4) Flxt, F Thirteen T 13	
3 Newmarket	A	2:05.29
1) Nmkt, F Eleven O 11	2) Nmkt, F Eleven T 11	
3) Nmkt, F Thirteen O 13	4) Nmkt, F Thirteen T 13	
4 West Suffolk	A	2:09.01
1) Wsut, F Eleven O 11	2) Wsut, F Eleven T 11	
3) Wsut, F Thirteen O 13	4) Wsut, F Thirteen T 13	
5 Deben	A	2:09.73
1) Debt, F Eleven O 11	2) Debt, F Eleven T 11	
3) Debt, F Thirteen O 13	4) Debt, F Thirteen T 13	
6 Beccles	A	2:11.83
1) Bect, Eleven O 11	2) Bect, Eleven T 11	
3) Bect, Thirteen O 13	4) Bect, Thirteen T 13	
7 Lowestoft Blue	A	2:13.86
1) Lobb, F Eleven O 11	2) Lobb, F Eleven T 11	
3) Lobb, F Thirteen O 13	4) Lobb, F Thirteen T 13	
8 Stowmarket	A	2:20.03
1) Stot, F Eleven O 11	2) Stot, F Eleven T 11	
3) Stot, F Thirteen O 13	4) Stot, F Thirteen T 13	
9 Lowestoft Yellow	A	2:21.36
1) Loby, F Eleven O 11	2) Loby, F Eleven T 11	
3) Loby, F Thirteen O 13	4) Loby, F Thirteen T 13	
10 Halstead	A	2:27.50
1) Halt, F Eleven O 11	2) Halt, F Eleven T 11	
3) Halt, F Thirteen O 13	4) Halt, F Thirteen T 13	
11 Mildenhall	A	2:38.29
1) Midt, F Eleven O 11	2) Midt, F Eleven T 11	
3) Midt, F Thirteen O 13	4) Midt, F Thirteen T 13	

## Event 20 Boys 13 &amp; Under 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Newmarket	A	1:59.90
1) Nmkt, M Eleven O 11	2) Nmkt, M Eleven T 11	
3) Nmkt, M Thirteen O 13	4) Nmkt, M Thirteen T 13	
2 West Suffolk	A	2:04.11
1) Wsut, M Eleven O 11	2) Wsut, M Eleven T 11	
3) Wsut, M Thirteen O 13	4) Wsut, M Thirteen T 13	
3 Felixstowe	A	2:10.39
1) Flxt, M Eleven O 11	2) Flxt, M Eleven T 11	
3) Flxt, M Thirteen O 13	4) Flxt, M Thirteen T 13	
4 Beccles	A	2:10.72
1) Bect, M Eleven O 11	2) Bect, M Eleven T 11	
3) Bect, M Thirteen O 13	4) Bect, M Thirteen T 13	
5 Lowestoft Blue	A	2:11.31
1) Lobb, M Eleven O 11	2) Lobb, M Eleven T 11	
3) Lobb, M Thirteen O 13	4) Lobb, M Thirteen T 13	
6 Deben	A	2:15.70
1) Debt, M Eleven O 11	2) Debt, M Eleven T 11	
3) Debt, M Thirteen O 13	4) Debt, M Thirteen T 13	
7 Leiston	A	2:17.26
1) Ldst, M Eleven O 11	2) Ldst, M Eleven T 11	
3) Ldst, M Thirteen O 13	4) Ldst, M Thirteen T 13	
8 Halstead	A	2:23.74
1) Halt, M Eleven O 11	2) Halt, M Eleven T 11	
3) Halt, M Thirteen O 13	4) Halt, M Thirteen T 13	

9 Stowmarket	A	2:24.24
1) Stot, M Eleven O 11	2) Stot, M Eleven T 11	
3) Stot, M Thirteen O 13	4) Stot, M Thirteen T 13	
10 Lowestoft Yellow	A	2:38.35
1) Loby, M Eleven O 11	2) Loby, M Eleven T 11	
3) Loby, M Thirteen O 13	4) Loby, M Thirteen T 13	
11 Mildenhall	A	2:47.48
1) Midt, M Eleven O 11	2) Midt, M Eleven T 11	
3) Midt, M Thirteen O 13	4) Midt, M Thirteen T 13	

## Event 21 Girls 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 Newmarket	A	2:07.36
1) Nmkt, F Fifteen O 15	2) Nmkt, F Fifteen T 15	
3) Nmkt, F Open O 17	4) Nmkt, F Open T 17	
2 West Suffolk	A	2:09.62
1) Wsut, F Fifteen O 15	2) Wsut, F Fifteen T 15	
3) Wsut, F Open O 17	4) Wsut, F Open T 17	
3 Deben	A	2:15.27
1) Debt, F Fifteen O 15	2) Debt, F Fifteen T 15	
3) Debt, F Open O 17	4) Debt, F Open T 17	
4 Lowestoft Blue	A	2:16.71
1) Lobb, F Fifteen O 15	2) Lobb, F Fifteen T 15	
3) Lobb, F Open O 17	4) Lobb, F Open T 17	
5 Felixstowe	A	2:18.57
1) Flxt, F Fifteen O 15	2) Flxt, F Fifteen T 15	
3) Flxt, F Open O 17	4) Flxt, F Open T 17	
6 Leiston	A	2:18.83
1) Ldst, F Fifteen O 15	2) Ldst, F Fifteen T 15	
3) Ldst, F Open O 17	4) Ldst, F Open T 17	
7 Stowmarket	A	2:19.63
1) Stot, F Fifteen O 15	2) Stot, F Fifteen T 15	
3) Stot, F Open O 17	4) Stot, F Open T 17	
8 Beccles	A	2:22.83
1) Bect, Fifteen O 15	2) Bect, Fifteen T 15	
3) Bect, Open O 17	4) Bect, Open T 17	
9 Halstead	A	2:23.47
1) Halt, F Fifteen O 15	2) Halt, F Fifteen T 15	
3) Halt, F Open O 17	4) Halt, F Open T 17	
10 Lowestoft Yellow	A	2:41.07
1) Loby, F Fifteen O 15	2) Loby, F Fifteen T 15	
3) Loby, F Open O 17	4) Loby, F Open T 17	
11 Mildenhall	A	2:41.72
1) Midt, F Fifteen O 15	2) Midt, F Fifteen T 15	
3) Midt, F Open O 17	4) Midt, F Open T 17	

## Event 22 Boys 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 Newmarket	A	1:56.72
1) Nmkt, M Fifteen O 15	2) Nmkt, M Fifteen T 15	
3) Nmkt, M Open O 17	4) Nmkt, M Open T 17	
2 Deben	A	1:57.21
1) Debt, M Fifteen O 15	2) Debt, M Fifteen T 15	
3) Debt, M Open O 17	4) Debt, M Open T 17	
3 West Suffolk	A	1:58.67
1) Wsut, M Fifteen O 15	2) Wsut, M Fifteen T 15	
3) Wsut, M Open O 17	4) Wsut, M Open T 17	
4 Beccles	A	1:59.15
1) Bect, M Fifteen O 15	2) Bect, M Fifteen T 15	
3) Bect, M Open O 17	4) Bect, M Open T 17	
5 Stowmarket	A	2:01.17
1) Stot, M Fifteen O 15	2) Stot, M Fifteen T 15	
3) Stot, M Open O 17	4) Stot, M Open T 17	

## Suffolk ASA Winter League Grand Final 2017 - 14/01/2017

## Results - final

**(Event 22 Boys 200 SC Meter Medley Relay)**

Team	Relay	Finals Time
6 Felixstowe	A	2:02.21
1) Flxt, M Fifteen O 13	2) Flxt, M Fifteen T 15	
3) Flxt, M Open O 17	4) Flxt, M Open T 17	
7 Leiston	A	2:03.18
1) Ldst, M Fifteen O 15	2) Ldst, M Fifteen T 15	
3) Ldst, M Open O 17	4) Ldst, M Open T 17	
8 Lowestoft Blue	A	2:11.31
1) Lobb, M Fifteen O 15	2) Lobb, M Fifteen T 15	
3) Lobb, M Open O 17	4) Lobb, M Open T 17	
9 Mildenhall	A	2:20.18
1) Midt, M Fifteen O 15	2) Midt, M Fifteen T 15	
3) Midt, M Open O 17	4) Midt, M Open T 17	
10 Halstead	A	2:22.48
1) Halt, M Fifteen O 15	2) Halt, M Fifteen T 15	
3) Halt, M Open O 17	4) Halt, M Open T 17	
11 Lowestoft Yellow	A	2:23.36
1) Loby, M Fifteen O 15	2) Loby, M Fifteen T 15	
3) Loby, M Open O 17	4) Loby, M Open T 17	

**Event 23 Girls 11 & Under 50 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Flxt, F Eleven T	11 Felixstowe	39.43
2 Nmkt, F Eleven T	11 Newmarket	40.67
3 Stot, F Eleven T	11 Stowmarket	44.47
4 Ldst, F Eleven T	11 Leiston	45.33
5 Wsut, F Eleven T	11 West Suffolk	45.53
6 Debt, F Eleven T	11 Deben	46.20
7 Bect, Eleven T	11 Beccles	46.56
8 Lobb, F Eleven T	11 Lowestoft Blue	48.26
9 Loby, F Eleven T	11 Lowestoft Yellow	54.30
10 Midt, F Eleven T	11 Mildenhall	57.83
--- Halt, F Eleven T	11 Halstead	DQ

**Event 24 Boys 11 & Under 50 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Nmkt, M Eleven T	11 Newmarket	39.55
2 Stot, M Eleven T	11 Stowmarket	44.01
3 Flxt, M Eleven T	11 Felixstowe	46.01
4 Ldst, M Eleven T	11 Leiston	46.26
5 Bect, M Eleven T	11 Beccles	46.41
6 Wsut, M Eleven T	11 West Suffolk	47.07
7 Debt, M Eleven T	11 Deben	47.34
8 Midt, M Eleven T	11 Mildenhall	49.28
9 Lobb, M Eleven T	11 Lowestoft Blue	51.73
10 Loby, M Eleven T	11 Lowestoft Yellow	54.72
11 Halt, M Eleven T	11 Halstead	58.87

**Event 25 Girls 13 & Under 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Wsut, F Thirteen T	13 West Suffolk	29.98
2 Flxt, F Thirteen T	13 Felixstowe	30.07
3 Bect, Thirteen T	13 Beccles	30.11
4 Nmkt, F Thirteen T	13 Newmarket	30.28
5 Lobb, F Thirteen T	13 Lowestoft Blue	30.32
6 Debt, F Thirteen T	13 Deben	30.46
7 Stot, F Thirteen T	13 Stowmarket	31.96
8 Ldst, F Thirteen T	13 Leiston	32.38
9 Loby, F Thirteen T	13 Lowestoft Yellow	32.60
10 Halt, F Thirteen T	13 Halstead	33.40
11 Midt, F Thirteen T	13 Mildenhall	34.02

**Event 26 Boys 13 & Under 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Nmkt, M Thirteen T	13 Newmarket	26.46
2 Wsut, M Thirteen T	13 West Suffolk	28.35
3 Bect, M Thirteen T	13 Beccles	29.33
4 Lobb, M Thirteen T	13 Lowestoft Blue	30.66
5 Debt, M Thirteen T	13 Deben	31.04
6 Flxt, M Thirteen T	13 Felixstowe	31.39
7 Loby, M Thirteen T	13 Lowestoft Yellow	31.82
8 Ldst, M Thirteen T	13 Leiston	32.22
9 Midt, M Thirteen T	13 Mildenhall	33.37
10 Halt, M Thirteen T	13 Halstead	34.30
11 Stot, M Thirteen T	13 Stowmarket	34.40

**Event 27 Girls 15 & Under 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Nmkt, F Fifteen T	15 Newmarket	31.47
2 Stot, F Fifteen T	15 Stowmarket	33.45
3 Debt, F Fifteen T	15 Deben	33.57
4 Wsut, F Fifteen T	15 West Suffolk	33.84
5 Lobb, F Fifteen T	15 Lowestoft Blue	35.58
6 Flxt, F Fifteen T	15 Felixstowe	35.83
7 Bect, Fifteen T	15 Beccles	36.28
8 Halt, F Fifteen T	15 Halstead	36.31
9 Ldst, F Fifteen T	15 Leiston	37.85
10 Loby, F Fifteen T	15 Lowestoft Yellow	42.35
11 Midt, F Fifteen T	15 Mildenhall	44.65

**Event 28 Boys 15 & Under 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Stot, M Fifteen T	15 Stowmarket	27.52
2 Wsut, M Fifteen T	15 West Suffolk	29.06
3 Nmkt, M Fifteen T	15 Newmarket	29.26
4 Debt, M Fifteen T	15 Deben	30.55
5 Lobb, M Fifteen T	15 Lowestoft Blue	30.59
6 Bect, M Fifteen T	15 Beccles	30.77
7 Flxt, M Fifteen T	15 Felixstowe	30.89
8 Ldst, M Fifteen T	15 Leiston	32.32
9 Loby, M Fifteen T	15 Lowestoft Yellow	33.80
10 Midt, M Fifteen T	15 Mildenhall	37.20
11 Halt, M Fifteen T	15 Halstead	40.93

**Event 29 Girls 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Stot, F Open O	17 Stowmarket	30.21
2 Wsut, F Open O	17 West Suffolk	32.15
3 Ldst, F Open O	17 Leiston	32.57
4 Flxt, F Open O	17 Felixstowe	32.85
5 Debt, F Open O	17 Deben	33.17
6 Nmkt, F Open O	17 Newmarket	33.26
7 Lobb, F Open O	17 Lowestoft Blue	33.87
8 Bect, Open O	17 Beccles	35.50
9 Loby, F Open O	17 Lowestoft Yellow	36.21
10 Halt, F Open O	17 Halstead	37.54
11 Midt, F Open O	17 Mildenhall	50.63

**Event 30 Boys 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Nmkt, M Open O	17 Newmarket	28.50
2 Flxt, M Open O	17 Felixstowe	29.16
3 Debt, M Open O	17 Deben	29.45
4 Bect, M Open O	17 Beccles	30.01
5 Wsut, M Open O	17 West Suffolk	30.64

## Suffolk ASA Winter League Grand Final 2017 - 14/01/2017

## Results - final

**(Event 30 Boys 50 SC Meter Backstroke)**

Name	Age Team	Finals Time
6 Stot, M Open O	17 Stowmarket	30.69
7 Lobb, M Open O	17 Lowestoft Blue	31.64
8 Ldst, M Open O	17 Leiston	31.75
9 Midt, M Open O	17 Mildenhall	33.27
10 Halt, M Open O	17 Halstead	36.69
11 Loby, M Open O	17 Lowestoft Yellow	38.62

**Event 31 Girls 11 & Under 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Flxt, F Eleven O	11 Felixstowe	35.34
2 Debt, F Eleven O	11 Deben	36.02
3 Wsut, F Eleven O	11 West Suffolk	36.62
4 Ldst, F Eleven O	11 Leiston	38.65
5 Loby, F Eleven O	11 Lowestoft Yellow	40.30
6 Stot, F Eleven O	11 Stowmarket	41.53
7 Nmkt, F Eleven O	11 Newmarket	41.84
8 Bect, Eleven O	11 Beccles	43.21
9 Lobb, F Eleven O	11 Lowestoft Blue	47.67
10 Midt, F Eleven O	11 Mildenhall	55.41
--- Halt, F Eleven O	11 Halstead	DQ

**Event 32 Boys 11 & Under 50 SC Meter Butterfly**

Name	Age Team	Finals Time
1 Nmkt, M Eleven O	11 Newmarket	33.32
2 Debt, M Eleven O	11 Deben	36.47
3 Ldst, M Eleven O	11 Leiston	37.01
4 Wsut, M Eleven O	11 West Suffolk	37.93
5 Bect, M Eleven O	11 Beccles	38.93
6 Stot, M Eleven O	11 Stowmarket	39.33
7 Lobb, M Eleven O	11 Lowestoft Blue	43.23
8 Flxt, M Eleven O	11 Felixstowe	44.76
9 Loby, M Eleven O	11 Lowestoft Yellow	47.64
10 Midt, M Eleven O	11 Mildenhall	49.28
11 Halt, M Eleven O	11 Halstead	52.46

**Event 33 Girls 13 & Under 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Debt, F Thirteen O	13 Deben	33.34
2 Lobb, F Thirteen O	13 Lowestoft Blue	33.43
3 Ldst, F Thirteen O	13 Leiston	34.88
4 Nmkt, F Thirteen O	13 Newmarket	34.97
5 Wsut, F Thirteen O	13 West Suffolk	35.23
6 Flxt, F Thirteen O	13 Felixstowe	36.95
7 Loby, F Thirteen O	13 Lowestoft Yellow	37.63
8 Stot, F Thirteen O	13 Stowmarket	38.45
9 Bect, Thirteen O	13 Beccles	38.63
10 Halt, F Thirteen O	13 Halstead	40.08
11 Midt, F Thirteen O	13 Mildenhall	46.27

**Event 34 Boys 13 & Under 50 SC Meter Backstroke**

Name	Age Team	Finals Time
1 Nmkt, M Thirteen O	13 Newmarket	31.05
2 Wsut, M Thirteen O	13 West Suffolk	31.23
3 Bect, M Thirteen	13 Beccles	32.65
4 Lobb, M Thirteen O	13 Lowestoft Blue	35.66
5 Debt, M Thirteen O	13 Deben	36.08
6 Flxt, M Thirteen O	13 Felixstowe	36.96
7 Ldst, M Thirteen O	13 Leiston	37.17
8 Loby, M Thirteen O	13 Lowestoft Yellow	38.78
9 Stot, M Thirteen O	13 Stowmarket	38.83
10 Halt, M Thirteen O	13 Halstead	39.85

11 Midt, M Thirteen O	13 Mildenhall	44.67
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**Event 35 Girls 15 & Under 50 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Nmkt, F Fifteen O	15 Newmarket	35.07
2 Lobb, F Fifteen O	15 Lowestoft Blue	37.70
3 Wsut, F Fifteen O	15 West Suffolk	38.04
4 Halt, F Fifteen O	15 Halstead	38.16
5 Ldst, F Fifteen O	15 Leiston	39.97
6 Debt, F Fifteen	15 Deben	40.53
7 Flxt, F Fifteen O	15 Felixstowe	40.98
8 Stot, F Fifteen O	15 Stowmarket	41.00
9 Bect, Fifteen O	15 Beccles	41.31
10 Loby, F Fifteen O	15 Lowestoft Yellow	47.14
11 Midt, F Fifteen O	15 Mildenhall	47.54

**Event 36 Boys 15 & Under 50 SC Meter Breaststroke**

Name	Age Team	Finals Time
1 Debt, M Fifteen O	15 Deben	33.69
2 Bect, M Fifteen	15 Beccles	33.81
3 Stot, M Fifteen O	15 Stowmarket	34.31
4 Ldst, M Fifteen O	15 Leiston	35.91
5 Nmkt, M Fifteen O	15 Newmarket	36.46
6 Wsut, M Fifteen O	15 West Suffolk	37.17
7 Loby, M Fifteen O	15 Lowestoft Yellow	37.21
8 Flxt, M Fifteen O	13 Felixstowe	38.52
9 Lobb, M Fifteen T	15 Lowestoft Blue	40.41
10 Midt, M Fifteen O	15 Mildenhall	41.07
--- Halt, M Fifteen O	15 Halstead	DQ

**Event 37 Girls 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Wsut, F Fifteen O	15 West Suffolk	28.31
2 Debt, F Open O	17 Deben	28.96
3 Nmkt, F Open O	17 Newmarket	28.99
4 Ldst, F Open O	17 Leiston	29.84
5 Flxt, F Open O	17 Felixstowe	30.24
6 Halt, F Open O	17 Halstead	30.87
7 Bect, Open O	17 Beccles	31.76
8 Stot, F Open O	17 Stowmarket	32.40
9 Midt, F Open O	17 Mildenhall	35.15
10 Loby, F Open O	17 Lowestoft Yellow	40.07
--- Lobb, F Open O	17 Lowestoft Blue	DQ

**Event 38 Boys 50 SC Meter Freestyle**

Name	Age Team	Finals Time
1 Stot, M Open O	17 Stowmarket	25.68
2 Nmkt, M Open O	17 Newmarket	25.96
3 Debt, M Open O	17 Deben	26.07
4 Wsut, M Open O	17 West Suffolk	26.28
5 Bect, M Open O	17 Beccles	26.47
*6 Flxt, M Open O	17 Felixstowe	26.50
*6 Ldst, M Open O	17 Leiston	26.50
8 Lobb, M Open O	17 Lowestoft Blue	27.08
9 Halt, M Open O	17 Halstead	28.07
10 Midt, M Open O	17 Mildenhall	28.94
11 Loby, M Open O	17 Lowestoft Yellow	29.88

**Event 39 Girls 13 & Under 200 SC Meter Medley Relay**

Team	Relay	Finals Time
1 Newmarket	A	2:22.19
1) Nmkt, F Eleven O 11	2) Nmkt, F Eleven T 11	
3) Nmkt, F Thirteen O 13	4) Nmkt, F Thirteen T 13	

## Suffolk ASA Winter League Grand Final 2017 - 14/01/2017

## Results - final

**(Event 39 Girls 13 & Under 200 SC Meter Medley Relay)**

Team	Relay	Finals Time
2 Felixstowe	A	2:24.15
1) Flxt, F Eleven O 11	2) Flxt, F Eleven T 11	
3) Flxt, F Thirteen O 13	4) Flxt, F Thirteen T 13	
3 Deben	A	2:25.16
1) Debt, F Eleven O 11	2) Debt, F Eleven T 11	
3) Debt, F Thirteen O 13	4) Debt, F Thirteen T 13	
4 West Suffolk	A	2:28.13
1) Wsut, F Eleven O 11	2) Wsut, F Eleven T 11	
3) Wsut, F Thirteen O 13	4) Wsut, F Thirteen T 13	
5 Lowestoft Blue	A	2:31.94
1) Lobb, F Eleven O 11	2) Lobb, F Eleven T 11	
3) Lobb, F Thirteen O 13	4) Lobb, F Thirteen T 13	
6 Leiston	A	2:34.11
1) Ldst, F Eleven O 11	2) Ldst, F Eleven T 11	
3) Ldst, F Thirteen O 13	4) Ldst, F Thirteen T 13	
7 Beccles	A	2:35.43
1) Bect, Eleven O 11	2) Bect, Eleven T 11	
3) Bect, Thirteen O 13	4) Bect, Thirteen T 13	
8 Stowmarket	A	2:38.09
1) Stot, F Eleven O 11	2) Stot, F Eleven T 11	
3) Stot, F Thirteen O 13	4) Stot, F Thirteen T 13	
9 Lowestoft Yellow	A	2:45.57
1) Loby, F Eleven O 11	2) Loby, F Eleven T 11	
3) Loby, F Thirteen O 13	4) Loby, F Thirteen T 13	
10 Mildenhall	A	3:10.92
1) Midt, F Eleven O 11	2) Midt, F Eleven T 11	
3) Midt, F Thirteen O 13	4) Midt, F Thirteen T 13	
--- Halstead	A	DQ
1) Halt, F Eleven O 11	2) Halt, F Eleven T 11	
3) Halt, F Thirteen O 13	4) Halt, F Thirteen T 13	

**Event 40 Boys 13 & Under 200 SC Meter Medley Relay**

Team	Relay	Finals Time
1 Newmarket	A	2:19.63
1) Nmkt, M Eleven O 11	2) Nmkt, M Eleven T 11	
3) Nmkt, M Thirteen O 13	4) Nmkt, M Thirteen T 13	
2 West Suffolk	A	2:24.99
1) Wsut, M Eleven O 11	2) Wsut, M Eleven T 11	
3) Wsut, M Thirteen O 13	4) Wsut, M Thirteen T 13	
3 Lowestoft Blue	A	2:28.28
1) Lobb, M Eleven O 11	2) Lobb, M Eleven T 11	
3) Lobb, M Thirteen O 13	4) Lobb, M Thirteen T 13	
4 Beccles	A	2:31.38
1) Bect, M Eleven O 11	2) Bect, M Eleven T 11	
3) Bect, M Thirteen O 13	4) Bect, M Thirteen T 13	
5 Leiston	A	2:31.69
1) Ldst, M Eleven O 11	2) Ldst, M Eleven T 11	
3) Ldst, M Thirteen O 13	4) Ldst, M Thirteen T 13	
6 Felixstowe	A	2:33.88
1) Flxt, M Eleven O 11	2) Flxt, M Eleven T 11	
3) Flxt, M Thirteen O 13	4) Flxt, M Thirteen T 13	
7 Stowmarket	A	2:51.57
1) Stot, M Eleven O 11	2) Stot, M Eleven T 11	
3) Stot, M Thirteen O 13	4) Stot, M Thirteen T 13	
8 Halstead	A	2:58.61
1) Halt, M Eleven O 11	2) Halt, M Eleven T 11	
3) Halt, M Thirteen O 13	4) Halt, M Thirteen T 13	
9 Lowestoft Yellow	A	3:04.13
1) Loby, M Eleven O 11	2) Loby, M Eleven T 11	
3) Loby, M Thirteen O 13	4) Loby, M Thirteen T 13	

10 Mildenhall	A	3:06.51
1) Midt, M Eleven O 11	2) Midt, M Eleven T 11	
3) Midt, M Thirteen O 13	4) Midt, M Thirteen T 13	
--- Deben	A	DQ
1) Debt, M Eleven O 11	2) Debt, M Eleven T 11	
3) Debt, M Thirteen O 13	4) Debt, M Thirteen T 13	

**Event 41 Girls 200 SC Meter Freestyle Relay**

Team	Relay	Finals Time
1 Newmarket	A	1:55.39
1) Nmkt, F Fifteen O 15	2) Nmkt, F Fifteen T 15	
3) Nmkt, F Open O 17	4) Nmkt, F Open T 17	
2 West Suffolk	A	1:59.40
1) Wsut, F Fifteen O 15	2) Wsut, F Fifteen T 15	
3) Wsut, F Open O 17	4) Wsut, F Open T 17	
3 Lowestoft Blue	A	1:59.65
1) Lobb, F Fifteen O 15	2) Lobb, F Fifteen T 15	
3) Lobb, F Open O 17	4) Lobb, F Open T 17	
4 Deben	A	1:59.83
1) Debt, F Fifteen O 15	2) Debt, F Fifteen T 15	
3) Debt, F Open O 17	4) Debt, F Open T 17	
5 Felixstowe	A	2:00.53
1) Flxt, F Fifteen O 15	2) Flxt, F Fifteen T 15	
3) Flxt, F Open O 17	4) Flxt, F Open T 17	
6 Leiston	A	2:02.24
1) Ldst, F Fifteen O 15	2) Ldst, F Fifteen T 15	
3) Ldst, F Open O 17	4) Ldst, F Open T 17	
7 Stowmarket	A	2:04.23
1) Stot, F Fifteen O 15	2) Stot, F Fifteen T 15	
3) Stot, F Open O 17	4) Stot, F Open T 17	
8 Beccles	A	2:05.98
1) Bect, Fifteen O 15	2) Bect, Fifteen T 15	
3) Bect, Open O 17	4) Bect, Open T 17	
9 Lowestoft Yellow	A	2:12.51
1) Loby, F Fifteen O 15	2) Loby, F Fifteen T 15	
3) Loby, F Open O 17	4) Loby, F Open T 17	
10 Halstead	A	2:19.06
1) Halt, F Fifteen O 15	2) Halt, F Fifteen T 15	
3) Halt, F Open O 17	4) Halt, F Open T 17	
11 Mildenhall	A	2:30.04
1) Midt, F Fifteen O 15	2) Midt, F Fifteen T 15	
3) Midt, F Open O 17	4) Midt, F Open T 17	

**Event 42 Boys 200 SC Meter Freestyle Relay**

Team	Relay	Finals Time
1 Newmarket	A	1:44.45
1) Nmkt, M Fifteen O 15	2) Nmkt, M Fifteen T 15	
3) Nmkt, M Open O 17	4) Nmkt, M Open T 17	
2 Deben	A	1:46.40
1) Debt, M Fifteen O 15	2) Debt, M Fifteen T 15	
3) Debt, M Open O 17	4) Debt, M Open T 17	
3 Felixstowe	A	1:47.34
1) Flxt, M Fifteen O 13	2) Flxt, M Fifteen T 15	
3) Flxt, M Open O 17	4) Flxt, M Open T 17	
4 Stowmarket	A	1:48.53
1) Stot, M Fifteen O 15	2) Stot, M Fifteen T 15	
3) Stot, M Open O 17	4) Stot, M Open T 17	
5 West Suffolk	A	1:48.58
1) Wsut, M Fifteen O 15	2) Wsut, M Fifteen T 15	
3) Wsut, M Open O 17	4) Wsut, M Open T 17	
6 Beccles	A	1:50.32
1) Bect, M Fifteen O 15	2) Bect, M Fifteen T 15	
3) Bect, M Open O 17	4) Bect, M Open T 17	

## Suffolk ASA Winter League Grand Final 2017 - 14/01/2017

## Results - final

**(Event 42 Boys 200 SC Meter Freestyle Relay)**

Team	Relay	Finals Time
7 Leiston	A	1:51.25
1) Ldst, M Fifteen O 15	2) Ldst, M Fifteen T 15	
3) Ldst, M Open O 17	4) Ldst, M Open T 17	
8 Lowestoft Blue	A	1:56.63
1) Lobb, M Fifteen O 15	2) Lobb, M Fifteen T 15	
3) Lobb, M Open O 17	4) Lobb, M Open T 17	
9 Mildenhall	A	2:05.43
1) Midt, M Fifteen O 15	2) Midt, M Fifteen T 15	
3) Midt, M Open O 17	4) Midt, M Open T 17	
10 Halstead	A	2:06.64
1) Halt, M Fifteen O 15	2) Halt, M Fifteen T 15	
3) Halt, M Open O 17	4) Halt, M Open T 17	
--- Lowestoft Yellow	A	DQ
1) Loby, M Fifteen O 15	2) Loby, M Fifteen T 15	
3) Loby, M Open O 17	4) Loby, M Open T 17	

**Event 43 Mixed 400 SC Meter Freestyle Relay**

Team	Relay	Finals Time
1 Newmarket	A	3:48.10
2 West Suffolk	A	3:52.86
3 Felixstowe	A	4:01.67
4 Beccles	A	4:02.63
5 Lowestoft Blue	A	4:03.93
6 Leiston	A	4:06.75
7 Deben	A	4:07.63
8 Stowmarket	A	4:12.09
9 Halstead	A	4:24.60
10 Lowestoft Yellow	A	4:28.34
11 Mildenhall	A	4:54.96