



Teamipswich Swimming

Invites you to their

July Surprize Open 2017

Sunday 9th July 2017

Crown Pools Ipswich

**A licensed, fun summer meet
with prizes galore!**

For further information contact:
teamipswich.mm@gmail.com

ELECTRONIC ENTRIES ARE PREFERRED

HY-TEK FILE AVAILABLE FROM

<http://www.ipswichswimming.org>



Teamipswich Swimming

(Affiliated to ASA East Region)

July Surprize Open 2017

(Under ASA Laws and ASA Technical Rules)



At Crown Pools, Ipswich

License 3ER170554, Level 3 meet

PROGRAMME OF EVENTS

Sunday 9th July 2017

Sunday

Session 1 - Warm-up 08:30, Start 09:30,

1	Male 100 I.M.	2	Female 100m Backstroke
3	Male 50m Freestyle	4	Female 50m Butterfly
5	Male 100m Breaststroke	6	Female 100m Freestyle
7	Male 50m Backstroke	8	Female 50m Breaststroke
9	Male 100m Fly		

Session 2 - Warm-up TBA,

10	Female 100m I.M.	11	Male 100m Backstroke
12	Female 50m Freestyle	13	Male 50m Butterfly
14	Female 100m Breaststroke	15	Male 100m Freestyle
16	Female 50m Backstroke	17	Male 50m Breaststroke
18	Female 100m Butterfly		

Age groups for events are: 9, 10, 11, 12, 13, 14, 15+

Age eligibility: - Age at 9th July 2017

Teamipswich Swimming

(Affiliated to SCASA and ASA East Region)

July Surprize Open 2017

(Under ASA Laws and ASA Technical Rules)

At Crown Pools, Ipswich – 9th July 2017

License number 3ER170554 Level 3

INDIVIDUAL ENTRY FORM

FOR INTERNAL CLUB USE or PAPER ENTRIES

FORENAME SURNAME D.O.B. / /

CLUB MALE/FEMALE Age on D.O.M.

FULL ADDRESS

TEL.No.

A.S.A. REGISTRATION No.

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ENTRY IS **INITIALLY** FIRST COME FIRST SERVED BY CLUB. HOWEVER TO COMPLY WITH LICENSED MEET TIMINGS WE MAY STILL HAVE TO REDUCE ENTRIES TO INDIVIDUAL EVENTS.

EVENT	ENTRY TIME	Restrictions
Times entered should be 25m or 50m converted times.		
50m FREESTYLE		
100m FREESTYLE		
50m BACKSTROKE		
100m BACKSTROKE		
50m BREASTSTROKE		
100m BREASTSTROKE		
50m BUTTERFLY		
100m BUTTERFLY		
100m I. M.		
Entry Fee (£3.50 / event)	£	
Admin Fee (Late Entry only)	£5.00	
Total Entry Fee	£	

ENTRY FEE IS **£3.50** PER EVENT. An administration fee of £5.00 will be charged per swimmer for entries received after the closing date. One payment per Club Entry please.

PLEASE ADD £2.00 PER DAY ATTENDED TO COVER COACH AND ADMINISTRATION CHARGES

ENTRY FEE	
COACH AND ADMIN FEE	
TOTAL PAYABLE	

ENTRIES TO BE HANDED TO LOUISE BOYT BY FRIDAY 5TH MAY 2017

PLEASE TICK METHOD OF PAYMENT - BACS

CASH

CHEQUE

IF PAYING BY BACS PLEASE DO NOT PAY UNTIL AFTER 1ST MAY 2017 BECAUSE OF OUR YEAR END

Teamipswich Swimming July Surprise Open Meet 2017

9th July 2017

Level 3 Licence 3ER170554

ENTRY TIME LIMITS – NO FASTER THAN TIMES

GIRLS		9	10	11	12	13	14	15 and over
Stroke	Distance							
Freestyle	50m	32.00	29.00	27.00	26.50	26.00	25.70	25.50
	100m	1.08.00	1.05.00	59.00	57.50	56.00	55.50	55.00
Backstroke	50m	37.00	32.00	30.00	29.00	28.50	28.20	28.00
	100m	1.25.00	1.16.00	1.04.00	1:02.00	1.01.00	1.01.50	1.00.00
Breaststroke	50m	44.00	41.00	36.00	35.50	35.00	34.70	34.50
	100m	1.40.00	1.31.00	1.17.00	1.15.00	1.13.00	1.12.50	1.12.00
Butterfly	50m	35.00	31.00	29.00	28.50	28.00	27.50	27.00
	100m	1.20.00	1.15.00	1.04.00	1:02.00	1.01.00	1.00.50	1.00.00
Individual Medley	100m	1.24.00	1.17.00	1.10.00	1:07.00	1.05.00	1.04.50	1.04.00

BOYS		9	10	11	12	13	14	15 and over
Stroke	Distance							
Freestyle	50m	32.00	29.00	26.00	25.20	24.50	23.80	23.00
	100m	1.08.00	1.07.00	56.00	54.50	53.00	52.00	51.00
Backstroke	50m	37.00	34.00	29.00	28.00	27.00	26.50	26.00
	100m	1.25.00	1.14.00	1.00.00	58.50	57.00	56.50	56.00
Breaststroke	50m	44.00	40.00	33.00	31.50	30.00	29.50	29.00
	100m	1.40.00	1.31.00	1.13.00	1.09.00	1.06.00	1.05.00	1.04.00
Butterfly	50m	35.00	32.00	28.00	27.00	26.00	25.50	25.00
	100m	1.20.00	1.15.00	1.03.00	1.00.00	57.00	56.00	55.00
Individual Medley	100m	1.24.00	1.16.00	1.07.00	1.04.00	1.01.00	59.50	58.00

Notes: Age is as at 9th July 2017. Times submitted should be for the events entered and be personal best times achieved most recently prior to submitting the entry forms.

UPPER LIMIT TIMES - times submitted for events should be no faster than the limits shown in the table above. Refer to the Promoters conditions for acceptance or rejection of competitor entries.

Team Ipswich Swimming
(Affiliated to ASA East Region and Suffolk ASA)

July Surprise 2017
License No. 3ER170554, Level 3

MEET RULES AND INFORMATION

GENERAL

1. The Competition is a Level 3 licensed meet, held under ASA Laws and ASA Technical Rules of Racing and ASA Open Meet Licensing Criteria.
2. All entrants must be category 2 ASA members only and National Associations of FINA.
3. The pool length is 25 metres, 8 lanes, with Omega electronic timing. The depth of the shallow end is 1 metre.
4. It is the responsibility of all clubs and coaches to ensure that swimmers are competent to the standard of the ASA Competitive Start Award. Swimmers may start in the water but must inform the relevant official before the start of the race.

ENTRIES

5. All entries are £3.50 per event. An administration fee will be charged at £5.00 per swimmer for late entries.
6. Applications for entry, the team summary sheet and payment must be received by the published closing date.
Entries should preferably be made electronically by a Hytek file which can be emailed or downloaded from the website. Where there are more than 6 competitors from a club entries must be submitted with a summary form and a BACS payment to the Club. BACS payments to: Team Ipswich Swimming, Sort Code 08-92-99, Account 65758384, Reference JULY17 "CLUB CODE / SWIMMER NAME". Please forward BACS confirmation with the entry form. Where hard copies of entry forms need to be used these shall be the official entry forms submitted by post or email. A cheque or BACS payment must be submitted to the Club by the published closing date. Details for cheque or BACS payments can be obtained from the promoter. The promoter reserves the right to return any entry not fulfilling these requirements. It is the swimmers /parent or guardian's responsibility to ensure the name used for entry into the meet is as registered with the ASA.
7. Entry is initially first come first served. However, to comply with licenced meet timings we may still have to reduce the entries to individual events
8. Lists of accepted entries and rejected entries for each club will be sent via email to 1 nominated contact only not less than 2 weeks prior to the event. For individual entries, a full list of accepted entries will be available on the club website. Entrants / clubs will have one week to advise errors or omissions to the promoter.
9. Coaches' passes should be ordered on the relevant forms, enclosed with the Club entry pack. A maximum of three team managers/coaches passes per club will be allocated to permit access to poolside, further managers/coaches passes will only be made available to allow clubs to comply with licensing guideline 10. Stewards will request pass-holders to assist in the supervision of warm-ups.
10. Submitted times should be those achieved in a 25m pool (or converted from 50m times using the SPORTSYSTEMS Equivalent Time Converter, available from www.swimmingresults.org).

AGE GROUPS

11. Age groups are based on the **swimmer's age on the day of the competition.**
12. The age groups are 9 years, 10 years, 11, 12 years, 13, 14 years and 15 years and over.

THE COMPETITION

13. All competitors' must indicate on sign in sheets that they intend to swim entered events 30 minutes prior to the start of the session.
14. Swimmers must report to the Competitors' Stewards when instructed to do so by the announcer. Any competitor not reporting in time may be excluded.
15. Each event will incorporate all age groups. Age group winners will be on a Heat Declared Winner basis.
16. Heats will be seeded with fastest entrants swimming last. All heats will be spearheaded. The promoter reserves the right to modify the seeding arrangements should conditions demand.
17. The promoter reserves the right in the interests of time, to operate **OVER THE TOP** starts. In the event of a faulty/false start swimmers should perform a safe entry and not fall into the water.
18. Time trials for swimmers faster than the entry times will be accepted if space is available or if available on the day. Time trial swimmers will not be eligible for awards.

AWARDS

19. There will be awards for the top three boys/girls in each stroke in each age group.
20. One swimmer picked randomly in each heat will be given a spot prize!

ADDITIONAL INFORMATION

21. Teamipswich Swimming accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer at the end of the competition will be handed to Crown Pool Management for collection by the owner.
22. In line with the recommendations in the ASA Child Protection Policy, any person wishing to use video, zoom or close-range photography at the competition must register their details at the desk provided beforehand. This rule also applies to the use of video cameras, mobile phones and tablets with an image capturing facility. A sticker will be issued and this should be affixed to the photographer.
23. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No exterior footwear is allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear.
24. Entries to the meet will be held on a computer and consent, as required by the Data Protection Act 1998 to the holding of personal information on computer, will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoter.
25. Spectators, officials and competitors are asked to familiarise themselves with the location of all emergency exits and must abide by any rules laid down by the venue management.
26. Coaches or Team Managers are responsible for the swimmers' conduct at all times.
27. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
28. The promoters reserve the right to refuse admission to any person.
29. Results will be available on the Club website at www.teamipswichswimming.org as soon as possible after the meet and will be supplied to British Swimming for entry into the national ranking database.
30. Spectators will be charged admission fee on the day and issued with a coloured wristband, which must be visible or shown at the entrance desk for re-entry at all times.
31. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws, Regulations and the ASA Technical Rules of Racing.