Event 101	Girls 9	Year Olds	200 SC	Meter	Freestyle
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	Name	Meter Fi	Team	Seed Time	Finals Time	Points
1	Crabb, Amelie		Team Ipswich Swimming	3:03.63	2:59.24	1 Units
	Stebbings, Katie		Stowmarket Swimming Club	3:04.36	3:01.77	
3			Team Ipswich Swimming	3:05.62	3:04.68	
_	Fisher, Kayden		Stowmarket Swimming Club	3:40.47	3:31.26	
	Wright, Elizabeth		West Suffolk Swim Club	NT	3:50.21	
	Sari, Erin		West Suffolk Swim Club	4:26.91	4:11.27	
	•			4.20.71	7.11.27	
Event	101 Girls 10 Year Olds 200 S		_	C 1 Ti	F:1- T:	D-:4-
	Name	_	Team	Seed Time	Finals Time	Points
	Gedge, Megan		Team Ipswich Swimming	2:50.58	2:46.19	
_	Martinez, Princess		West Suffolk Swim Club	3:11.19	3:06.10	
3	,		Stowmarket Swimming Club	3:31.81	3:33.26	
	Clarke, Darcy		Stowmarket Swimming Club	3:34.61	3:39.54	
5	Bishop, Maisie Rose	10	Stowmarket Swimming Club	3:55.40	4:03.31	
Event	101 Girls 11 Year Olds 200 S	C Meter I	Freestyle			
	Name		Team	Seed Time	Finals Time	Points
1	Crouch, Erin		Team Ipswich Swimming	2:39.03	2:35.34	
2	Pyle, Evie	11	West Suffolk Swim Club	2:45.78	2:45.88	
3	Clark, Alice	11	West Suffolk Swim Club	3:02.59	2:54.33	
4	Driver, Holly	11	Leiston	2:55.88	2:55.95	
5	Abbott, Rowan	11	Hadleigh Swimming Club	2:56.90	2:59.38	
6	Crawley, Abigail	11	Felixstowe Swimming Club	2:48.04	3:08.46	
7	Cooper, Emily	11	Stowmarket Swimming Club	3:27.71	3:24.43	
	Tyler, Francesca	11	Felixstowe Swimming Club	2:49.20	DNF	
	10.2 A swimmer did not cov	er the who	le distance – DNF			
Event	101 Girls 12 Year Olds 200 S	C Meter I	Freestyle			
			2			
	Name	Age	Team	Seed Time	Finals Time	Points
1			Team West Suffolk Swim Club	Seed Time 2:32.78	Finals Time 2:27.98	Points
	Williams, Cerys	12		2:32.78	2:27.98	Points
2	Williams, Cerys Latimer-Hicks, Madelyn	12 12	West Suffolk Swim Club	2:32.78 2:34.44		Points
2 3	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn	12 12 12	West Suffolk Swim Club Leiston	2:32.78 2:34.44 2:45.25	2:27.98 2:34.32 2:38.20	Points
2 3 4	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie	12 12 12 12	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming	2:32.78 2:34.44 2:45.25 2:50.17	2:27.98 2:34.32 2:38.20 2:40.73	Points
2 3 4 5	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy	12 12 12 12 12	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61	Points
2 3 4 5	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M	12 12 12 12 12 12	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97	Points
2 3 4 5 6 7	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia	12 12 12 12 12 12 12	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80	Points
2 3 4 5 6 7 8	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty	12 12 12 12 12 12 12 12	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97	Points
2 3 4 5 6 7 8	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S	12 12 12 12 12 12 12 12 12	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66	Points
2 3 4 5 6 7 8 <b>Event</b>	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name	12 12 12 12 12 12 12 12 12 C Meter I	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66	Points Points
2 3 4 5 6 7 8  Event	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia	12 12 12 12 12 12 12 12 12 12 Meter I Age	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66 Finals Time 2:20.54	
2 3 4 5 6 7 8  Event  1 2	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe	12 12 12 12 12 12 12 12 12 12 12 13 13	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT Seed Time 2:20.08 2:26.32	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90	
2 3 4 5 6 7 8  Event  1 2 3	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name  Yates, Mia Cross, Phoebe Attwater, Daisy	12 12 12 12 12 12 12 12 12 12 12 13 13 13	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29	
2 3 4 5 6 7 8 <b>Event</b> 1 2 3 4	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name  Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin	12 12 12 12 12 12 12 12 12 12 12 13 13 13	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27	
2 3 4 5 6 7 8 <b>Event</b> 1 2 3 4	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin	12 12 12 12 12 12 12 12 12 12 12 13 13 13	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29	
2 3 4 5 6 7 8 <b>Event</b> 1 2 3 4 5	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name  Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin	12 12 12 12 12 12 12 12 12 12 13 13 13 13 13	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club Stowmarket Swimming Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63 3:12.10	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27 3:14.01	Points
2 3 4 5 6 7 8  Event  1 2 3 4 5  Event  ———————————————————————————————————	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin Hutton, Rachel  101 Girls 14 Year Olds 200 S Name	12 12 12 12 12 12 12 12 12 12 13 13 13 13 13	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Freestyle Team	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63 3:12.10  Seed Time	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27 3:14.01  Finals Time	
2 3 4 5 6 7 8  Event  1 2 3 4 5  Event  ———————————————————————————————————	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin Hutton, Rachel  101 Girls 14 Year Olds 200 S Name Carroll, Sarah	12 12 12 12 12 12 12 12 12 12 13 13 13 13 13	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Freestyle Team Bishop's Stortford	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63 3:12.10  Seed Time 2:17.05	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27 3:14.01  Finals Time 2:13.93	Points
2 3 4 5 6 7 8  Event  1 2 3 4 5  Event  1 1	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin Hutton, Rachel  101 Girls 14 Year Olds 200 S Name Carroll, Sarah Eastland, Nellie	12 12 12 12 12 12 12 12 12 12 13 13 13 13 13	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Freestyle Team Bishop's Stortford Bishop's Stortford	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63 3:12.10  Seed Time	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27 3:14.01  Finals Time 2:13.93 2:22.02	Points
2 3 4 5 6 7 8  Event  1 2 3 4 5  Event  1 1	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin Hutton, Rachel  101 Girls 14 Year Olds 200 S Name Carroll, Sarah Eastland, Nellie	12 12 12 12 12 12 12 12 12 12 <b>C Meter I</b> Age 13 13 13 13 13 14 Age 14	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Freestyle Team Bishop's Stortford Bishop's Stortford Bishop's Stortford	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63 3:12.10  Seed Time 2:17.05	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27 3:14.01  Finals Time 2:13.93	Points
2 3 4 5 6 7 8  Event  1 2 3 4 5  Event  1 2 2	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin Hutton, Rachel  101 Girls 14 Year Olds 200 S Name Carroll, Sarah Eastland, Nellie Fletcher, Anya	12 12 12 12 12 12 12 12 12 12 12 13 13 13 13 13 14 14 14	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club  Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Freestyle Team Bishop's Stortford Bishop's Stortford Bishop's Stortford	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63 3:12.10  Seed Time 2:17.05 2:23.16	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27 3:14.01  Finals Time 2:13.93 2:22.02	Points
2 3 4 5 6 7 8  Event  1 2 3 4 5  Event  1 2 3 4 5	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin Hutton, Rachel  101 Girls 14 Year Olds 200 S Name Carroll, Sarah Eastland, Nellie Fletcher, Anya Smith, Charlotte	12 12 12 12 12 12 12 12 12 12 12 13 13 13 13 13 14 14 14	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Freestyle Team Bishop's Stortford Bishop's Stortford Felixstowe Swimming Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63 3:12.10  Seed Time 2:17.05 2:23.16 2:28.09	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27 3:14.01  Finals Time 2:13.93 2:22.02 2:23.39	Points
2 3 4 5 6 7 8  Event  1 2 3 4 5  Event  1 2 3 4 5	Williams, Cerys Latimer-Hicks, Madelyn White, Caitlyn Duffield, Abbie Shaw, Katy Branton, Poppy M Evans, Nia Ray, Kitty  101 Girls 13 Year Olds 200 S Name Yates, Mia Cross, Phoebe Attwater, Daisy McKay, Caitlin Hutton, Rachel  101 Girls 14 Year Olds 200 S Name Carroll, Sarah Eastland, Nellie Fletcher, Anya Smith, Charlotte Brown, Alice	12 12 12 12 12 12 12 12 12 12 12 13 13 13 13 13 14 14 14 14	West Suffolk Swim Club Leiston Felixstowe Swimming Club Team Ipswich Swimming Stowmarket Swimming Club Deben Swimming Club Hadleigh Swimming Club West Suffolk Swim Club Freestyle Team Felixstowe Swimming Club Leiston Deben Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Freestyle Team Bishop's Stortford Bishop's Stortford Bishop's Stortford Felixstowe Swimming Club West Suffolk Swim Club	2:32.78 2:34.44 2:45.25 2:50.17 2:37.43 2:46.13 3:08.50 NT  Seed Time 2:20.08 2:26.32 2:29.07 2:33.63 3:12.10  Seed Time 2:17.05 2:23.16 2:28.09 2:38.08	2:27.98 2:34.32 2:38.20 2:40.73 2:41.61 2:45.97 2:59.80 3:06.66  Finals Time 2:20.54 2:25.90 2:30.29 2:36.27 3:14.01  Finals Time 2:13.93 2:22.02 2:23.39 2:31.19	Points

Event 101	Cirls 15	& Over 200	SC Meter	Freestyle
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	Name	Age	Team	Seed Time	Finals Time	Points
1	Young, Amy		Bishop's Stortford	2:09.38	2:11.50	<u></u>
	Heywood, Annabel		West Suffolk Swim Club	2:15.44	2:18.70	
3	· · · · · · · · · · · · · · · · · · ·		Deben Swimming Club	2:14.83	2:19.64	
4		16	Deben Swimming Club	2:16.86	2:19.74	
5			Deben Swimming Club	2:17.92	2:20.41	
			Bishop's Stortford	2:15.02	2:22.40	
	Evans, Shannon		Stowmarket Swimming Club	2:37.58	2:44.93	
Event	102 Boys 9 Year Olds 200 So					
	Name		Team	Seed Time	Finals Time	Points
	Redhead, Ashton		Team Ipswich Swimming	3:16.29	2:57.51	
	Clare, Isaac		Team Ipswich Swimming	3:01.38	3:01.13	
	Jackson, Alfs E		Stowmarket Swimming Club	NT	4:00.71	
	Black, Samuel	9	Stowmarket Swimming Club	4:23.16	DNF	
	10.2 A swimmer did not co	ver the who	le distance – DNF			
event	102 Boys 10 Year Olds 200 S		=			
	Name		Team	Seed Time	Finals Time	Points
	Meadows, Lewis		Felixstowe Swimming Club	2:56.60	3:05.35	
	Bradshaw, Ben		Team Ipswich Swimming	3:03.07	3:07.31	
	Blake, Fynley		Team Ipswich Swimming	3:10.03	3:07.38	
4	Hines, Charlie	10	Stowmarket Swimming Club	3:46.98	3:38.39	
Event	102 Boys 11 Year Olds 200 S		-	~		
	Name		Team	Seed Time	Finals Time	Points
	Sari, Tobin		West Suffolk Swim Club	2:40.39	2:30.44	
	Gladwell, Elliot		Hadleigh Swimming Club	2:39.71	2:36.48	
	Parsons, James		Deben Swimming Club	2:53.78	2:47.05	
	Gilmour, Iain		Team Ipswich Swimming	2:56.62	2:50.37	
	Williams, Isaac		Felixstowe Swimming Club	3:13.27	2:54.77	
	Brown, Matthew 10.2 A swimmer did not co	11	Č	2:50.12	DNF	
Exant	102 Boys 12 Year Olds 200 S					
Lvent	Name		Team	Seed Time	Finals Time	Points
1	Ogden, Thomas		Bishop's Stortford	2:22.55	2:15.87	Tomes
	Lundy-Munoz, Xabier		Team Ipswich Swimming	2:42.84	2:43.22	
	Black, Luke		Stowmarket Swimming Club	3:26.52	3:20.66	
	102 Boys 13 Year Olds 200 S			2.20.02	5.20.00	
3 VOII C	Name		Team	Seed Time	Finals Time	Points
1	Tontodonati, Marco		Bishop's Stortford	2:18.97	2:14.44	
	Tempest, Adam		West Suffolk Swim Club	2:32.11	2:27.83	
	Hall, Harvey		Deben Swimming Club	2:39.10	2:27.87	
Event	102 Boys 14 Year Olds 200 S	SC Meter I	Freestyle			
	Name		Team	Seed Time	Finals Time	Points
1	Fletcher, Joe	14	Stowmarket Swimming Club	2:27.25	2:22.74	
Event	102 Boys 15 & Over 200 SC			G LET	T. 1 T.	
	Name	_	Team	Seed Time	Finals Time	Points
	Veitch, Bradley		Bishop's Stortford	1:58.40	1:59.51	
	Davis, Callum		Bishop's Stortford	2:05.91	2:04.71	
3	6)		Deben Swimming Club	2:05.35	2:05.23	
4	,		Felixstowe Swimming Club	2:08.32	2:07.10	
5	Taylor, Joseph Tontodonati, Matteo		Bishop's Stortford	2:07.71	2:10.14 2:10.33	
			Bishop's Stortford	2:07.92		

3 Mason, Eleanor

# No Frills Open Meet December 2016 - 17/12/2016 to 18/12/2016

(	t 102 Boys 15 & Over 200 SC Name		Team	Seed Time	Finals Time	Points
7	Chapman, Lewis S		Stowmarket Swimming Club	2:18.84	2:19.70	
	Parsons, Henry		Deben Swimming Club	2:46.24	2:30.89	
	•		_		2.5 0.05	
Svent	103 Girls 9 Year Olds 50 SC		<del>-</del>	C 170	D: 1 7D:	D
	Name		Team Cl. 1	Seed Time	Finals Time	Points
	Hattan, Charlotte		Deben Swimming Club	46.73	45.19	
	Murphy, Madison		Team Ipswich Swimming	1:09.50	57.70	
3	Fisher, Kayden	9	Stowmarket Swimming Club	56.90	58.21	
Event	103 Girls 10 Year Olds 50 SC	Meter Bu	utterfly			
	Name		Team	Seed Time	Finals Time	Points
1	Davies, Connie	10	Deben Swimming Club	45.35	41.60	
2	Whyte, Olivia	10	West Suffolk Swim Club	50.59	43.63	
3	Lundy-Munoz, Ane	10	Team Ipswich Swimming	48.77	44.68	
4	Martinez, Princess	10	West Suffolk Swim Club	45.74	44.92	
5	Clarke, Darcy	10	Stowmarket Swimming Club	53.45	49.53	
6	Wiggins, Jessica	10	Hadleigh Swimming Club	56.72	50.57	
7	Flack, Eloise	10	Stowmarket Swimming Club	55.43	56.13	
8	Craig, Freya	10	Team Ipswich Swimming	54.79	57.70	
Event	103 Girls 11 Year Olds 50 SC	Meter Ri	itterfly			
ZVCIIC	Name		Team	Seed Time	Finals Time	Points
1	Lander, Sophie		Stowmarket Swimming Club	36.14	36.24	1 01110
	Duff, Amber	11	Team Ipswich Swimming	43.01	40.08	
3	Pyle, Evie	11	West Suffolk Swim Club	41.67	40.67	
4	Clark, Alice	11	West Suffolk Swim Club	42.48	40.77	
5	Benedetti, Erica	11	Stowmarket Swimming Club	43.21	41.52	
6	Watts, Megan	11	Felixstowe Swimming Club	43.74	42.49	
7	Shrimpton, Emily	11	Team Ipswich Swimming	45.59	42.69	
8	Driver, Holly	11	Leiston	44.79	43.20	
9	Jackson, Eloise	11	Stowmarket Swimming Club	50.78	44.36	
10	´		Felixstowe Swimming Club	45.67	49.01	
	Crawley, Abigail		Felixstowe Swimming Club	47.28	49.67	
	Abbott, Rowan		Hadleigh Swimming Club			
		11	Felixstowe Swimming Club	47.48	50.01	
	Yates, Eve		Stowmarket Swimming Club	51.09	51.55	
	Cooper, Emily			56.47	55.54	
Event	103 Girls 12 Year Olds 50 SC		-			
	Name	_	Team	Seed Time	Finals Time	Points
1	Venediger, Niamh		Deben Swimming Club	35.49	34.87	
2	· · · · · · · · · · · · · · · · · · ·		Deben Swimming Club	35.61	35.17	
3	Williams, Cerys	12		37.25	36.26	
4	Sillitoe, Marni	12	West Suffolk Swim Club	43.28	36.54	
5	Latimer-Hicks, Madelyn		Leiston	38.32	38.75	
6	,		Felixstowe Swimming Club	41.56	40.47	
7	Ray, Kitty		West Suffolk Swim Club	49.92	42.73	
8	Branton, Poppy M		Deben Swimming Club	40.31	42.92	
9	Hussey, Olivia		Hadleigh Swimming Club	44.45	43.72	
10	Hines, Daisy		Stowmarket Swimming Club	54.43	51.84	
	Muir, Christabel	12	Stowmarket Swimming Club	58.40	DQ	
	8.3 Movements of the legs n	ot simultan	neous			
Event	103 Girls 13 Year Olds 50 SC	Meter B	utterfly			
	Name		Team	Seed Time	Finals Time	Points
1	Bemmer, Lily	_	Deben Swimming Club	32.99	32.82	<u> </u>
2	Snelham, Hannah		Deben Swimming Club	34.55	33.85	
_	Magan Elanar		Richan's Startford	25.20	24.62	

13 Bishop's Stortford

35.29

34.62

	Name	SC Meter B Age	Team	Seed Time	Finals Time	Points
4	McKay, Caitlin		West Suffolk Swim Club	36.51	36.76	1 011110
	Clark, Imogen	10	West Suffolk Swim Club	37.87	37.68	
	Cherry, Bethan	_	Stowmarket Swimming Club	40.42	42.37	
	t 103 Girls 14 Year Olds 50 S		_			
L ven	Name		Team	Seed Time	Finals Time	Points
1	Brown, Alice	14	West Suffolk Swim Club	36.41	36.09	
Event	t 103 Girls 15 & Over 50 SC	Meter Butt	erfly			
Lven	Name		Team	Seed Time	Finals Time	Points
1	Young, Amy		Bishop's Stortford	29.52	30.03	
	2 Pretious-White, Josie		Bishop's Stortford	30.34	30.24	
	Pretious-White, Zara		Bishop's Stortford	31.93	31.67	
4			Deben Swimming Club	31.14	32.01	
	Small, Millie	15	West Suffolk Swim Club	33.45	33.64	
*5		16	Leiston	33.13	33.64	
7	Parsley, Chloe-Jeane	15		33.53	33.83	
8	Nicolai, Olivia	16	West Suffolk Swim Club	32.94	34.99	
9		10	West Suffolk Swim Club	34.84	35.14	
	Felgate, Emma	_	Felixstowe Swimming Club	41.77	41.30	
	•		_	71.//	41.50	
Event	t 104 Boys 9 Year Olds 50 SC Name		tterfly Team	Seed Time	Finals Time	Points
1	Jackson, Alfs E		Stowmarket Swimming Club	59.49	1:02.90	Tomes
	- Robinson, Patch		Team Ipswich Swimming	1:09.16	DQ	
	8.3 Movements of the legs		-	1.07.10	DQ	
T						
Even	t 104 Boys 10 Year Olds 50 S		<del>-</del>	C 1 T:	E: l. T:	D-:4-
	Name	_	Stavenantat Seriannina Club	Seed Time 55.13	Finals Time 1:02.86	Points
1	Hines, Charlie	10	Stowmarket Swimming Club	77 11	1'U/ Xn	
	Mandarya Larria	10	Folivetoure Swimming Club			
	- Meadows, Lewis		Felixstowe Swimming Club	1:04.14	DQ	
	4.4 Starting before starting	g signal	-			
	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S	g signal C <b>Meter Bu</b>	utterfly	1:04.14	DQ	Points
Event	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S Name	signal C Meter Bu Age	utterfly Team	1:04.14 Seed Time	DQ Finals Time	Points
Event	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S Name Johnson, Fraser J	g signal C <b>Meter Bu</b> Age 11	utterfly Team Deben Swimming Club	1:04.14  Seed Time 36.83	DQ Finals Time 36.05	Points
Event	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S  Name  Johnson, Fraser J  Kenny, Joseph	g signal C <b>Meter Bu</b> Age 11	ntterfly Team Deben Swimming Club Leiston	1:04.14  Seed Time  36.83 37.55	DQ  Finals Time  36.05 36.64	Points
1 2 3	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S Name Johnson, Fraser J Kenny, Joseph Sari, Tobin	g signal C <b>Meter Bu</b> Age 11 11	Team  Deben Swimming Club Leiston West Suffolk Swim Club	1:04.14  Seed Time  36.83 37.55 36.52	DQ  Finals Time  36.05 36.64 38.60	Points
1 2 3 4	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S Name Johnson, Fraser J Kenny, Joseph Sari, Tobin Crabb, Noah	g signal C <b>Meter Bu</b> Age 11 11 11	Team  Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming	1:04.14  Seed Time  36.83  37.55  36.52  40.74	Finals Time  36.05  36.64  38.60  40.01	Points
1 2 3 4 5	4.4 Starting before starting t 104 Boys 11 Year Olds 50 Sename  Johnson, Fraser J Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic	s signal C <b>Meter Bu</b> Age 11 11 11 11	Team  Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming	1:04.14  Seed Time  36.83  37.55  36.52  40.74  58.78	Finals Time  36.05  36.64  38.60  40.01  42.78	Points
1 2 3 4 5	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 Sename  Johnson, Fraser J  Kenny, Joseph  Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas	s signal C Meter Bu Age 11 11 11 11 11	Team  Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08	DQ  Finals Time  36.05 36.64 38.60 40.01 42.78 43.35	Points
1 2 3 4 5 6	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S Name  Johnson, Fraser J Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua	s signal C Meter Bu Age 11 11 11 11 11 11	Team  Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53	DQ  Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90	Points
1 2 3 4 5 6 7	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 S  Name  Johnson, Fraser J  Kenny, Joseph  Sari, Tobin  Crabb, Noah  Rosher, Dominic  Hilton, Thomas  Bishop, Joshua  Gladwell, Elliot	s signal  C Meter Bu Age 11 11 11 11 11 11 11 11	Team  Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10	Points
1 2 3 4 5 6 7 8	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 Starting  Johnson, Fraser J  Kenny, Joseph  Sari, Tobin  Crabb, Noah  Rosher, Dominic  Hilton, Thomas  Bishop, Joshua  Gladwell, Elliot  Ruffles-Francis, Vaughn	s signal  C Meter Bu Age 11 11 11 11 11 11 11 11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53	DQ  Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90	Points
1 2 3 4 5 6 7 8	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S Name  Johnson, Fraser J Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn t 104 Boys 12 Year Olds 50 S	s signal  C Meter Bu Age 11 11 11 11 11 11 11 11 C Meter Bu	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32	
1 2 3 4 5 6 7 8 9	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S Name  Johnson, Fraser J Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn t 104 Boys 12 Year Olds 50 S Name	signal C Meter Bu Age 11 11 11 11 11 11 11 C Meter Bu Age	Team  Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time	Points
1 2 3 4 5 6 7 8 8 9 Event	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 Sename  Johnson, Fraser J  Kenny, Joseph  Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn  t 104 Boys 12 Year Olds 50 Sename Chapman, Jacob I	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32	
1 2 3 4 5 6 7 8 8 9 Event	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 S  Name  Johnson, Fraser J  Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn t 104 Boys 12 Year Olds 50 S  Name Chapman, Jacob I t 104 Boys 13 Year Olds 50 S	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Itterfly Team Stowmarket Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time 41.30	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time 40.23	Points
1 2 3 4 5 6 7 8 9 Event	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 Sename  Johnson, Fraser J  Kenny, Joseph  Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn  t 104 Boys 12 Year Olds 50 Sename Chapman, Jacob I  t 104 Boys 13 Year Olds 50 Sename	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Team  Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Itterfly Team  Stowmarket Swimming Club Itterfly Team	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time  41.30  Seed Time	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time  40.23	Points
Event  1 2 3 4 5 6 7 8 9  Event  1  Event	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 S  Name  Johnson, Fraser J  Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn t 104 Boys 12 Year Olds 50 S  Name Chapman, Jacob I t 104 Boys 13 Year Olds 50 S  Name Anderson, Matthew	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Itterfly Team Stowmarket Swimming Club Itterfly Team Deben Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time 41.30  Seed Time 31.66	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time 40.23  Finals Time 30.24	Points
Event  1 2 3 4 5 6 7 8 9 Event  1 Event	4.4 Starting before starting t 104 Boys 11 Year Olds 50 S Name  Johnson, Fraser J Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn t 104 Boys 12 Year Olds 50 S Name Chapman, Jacob I t 104 Boys 13 Year Olds 50 S Name Anderson, Matthew Willmott, Matthew	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Itterfly Team Stowmarket Swimming Club Itterfly Team Deben Swimming Club West Suffolk Swim Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time  41.30  Seed Time 31.66 35.49	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time 40.23  Finals Time 30.24 35.83	Points
Event  1 2 3 4 5 6 7 8 9  Event  1  Event  1 2 3 3	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 S  Name  Johnson, Fraser J  Kenny, Joseph  Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn  t 104 Boys 12 Year Olds 50 S  Name  Chapman, Jacob I  t 104 Boys 13 Year Olds 50 S  Name  Anderson, Matthew Willmott, Matthew Martinez, James	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Itterfly Team Stowmarket Swimming Club Itterfly Team Deben Swimming Club West Suffolk Swim Club West Suffolk Swim Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time  41.30  Seed Time  31.66 35.49 37.75	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time  40.23  Finals Time  30.24 35.83 36.17	Points
Event  1 2 3 4 5 6 7 8 9  Event  1  Event	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 Sename  Johnson, Fraser J  Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn t 104 Boys 12 Year Olds 50 Sename Chapman, Jacob I t 104 Boys 13 Year Olds 50 Sename Anderson, Matthew Willmott, Matthew Martinez, James Tempest, Adam	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Itterfly Team Stowmarket Swimming Club Itterfly Team Deben Swimming Club West Suffolk Swim Club West Suffolk Swim Club West Suffolk Swim Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time 41.30  Seed Time 31.66 35.49 37.75 35.82	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time 40.23  Finals Time 30.24 35.83 36.17 36.73	
Event  1 2 3 4 5 6 7 8 9  Event  1  Event  1 2 3 3	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 Sename  Johnson, Fraser J  Kenny, Joseph  Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn  t 104 Boys 12 Year Olds 50 Sename Chapman, Jacob I  t 104 Boys 13 Year Olds 50 Sename Anderson, Matthew Martinez, James Tempest, Adam Brigginshaw, Archie	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Itterfly Team Stowmarket Swimming Club Itterfly Team Deben Swimming Club West Suffolk Swim Club West Suffolk Swim Club West Suffolk Swim Club Deben Swimming Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time  41.30  Seed Time  31.66 35.49 37.75 35.82 38.41	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time  40.23  Finals Time  30.24 35.83 36.17 36.73 37.92	Points
Event  1 2 3 4 5 6 7 8 9  Event  1  Event  1 2 3 4 4	4.4 Starting before starting  t 104 Boys 11 Year Olds 50 S  Name  Johnson, Fraser J  Kenny, Joseph Sari, Tobin Crabb, Noah Rosher, Dominic Hilton, Thomas Bishop, Joshua Gladwell, Elliot Ruffles-Francis, Vaughn  t 104 Boys 12 Year Olds 50 S  Name Chapman, Jacob I  t 104 Boys 13 Year Olds 50 S  Name Anderson, Matthew Willmott, Matthew Martinez, James Tempest, Adam Brigginshaw, Archie	Signal   C Meter Bu   Age   11   11   11   11   11   11   11	Deben Swimming Club Leiston West Suffolk Swim Club Team Ipswich Swimming Team Ipswich Swimming Deben Swimming Club Stowmarket Swimming Club Hadleigh Swimming Club Stowmarket Swimming Club Stowmarket Swimming Club Itterfly Team Stowmarket Swimming Club Itterfly Team Deben Swimming Club West Suffolk Swim Club West Suffolk Swim Club West Suffolk Swim Club	1:04.14  Seed Time  36.83 37.55 36.52 40.74 58.78 43.08 46.53 45.40 52.62  Seed Time 41.30  Seed Time 31.66 35.49 37.75 35.82	Finals Time  36.05 36.64 38.60 40.01 42.78 43.35 43.90 44.10 51.32  Finals Time 40.23  Finals Time 30.24 35.83 36.17 36.73	Points

Event 10	Rove	14 Vear	Olds 50	SC Meter	Butterfly
rvent 104	+ DUVS	14 1621	CHUS 50	ot vieler	Dunerny

	: 104 Boys 14 Year Olds 50 SC Name		Team	Seed Time	Finals Time	Points
1	Bowyer, Jack	14	West Suffolk Swim Club	26.60	27.78	
	Clarke, Luca	14	West Suffolk Swim Club	31.73	31.15	
	Smart, Harry	14	West Suffolk Swim Club	32.04	31.86	
	Fletcher, Joe	14	Stowmarket Swimming Club	36.74	36.59	
Event	104 Boys 15 & Over 50 SC M	1eter Butt	erfly			
	Name		Team	Seed Time	Finals Time	Points
	Davis, Callum		Bishop's Stortford	27.06	27.42	
2	Boyt, Thomas	17	Felixstowe Swimming Club	28.01	27.77	
	Pyle, Oliver	16	West Suffolk Swim Club	27.89	27.82	
4	Whight, Kieran		Deben Swimming Club	27.51	28.06	
5	Whyte, Charles	15	West Suffolk Swim Club	30.56	28.78	
6	Tontodonati, Matteo	15	Bishop's Stortford	29.55	30.52	
7	Coe, Aidan	16	Stowmarket Swimming Club	31.07	30.92	
8	Taylor, Joseph	16	Bishop's Stortford	30.44	31.11	
9	Dineshkumar, Vijay	15	West Suffolk Swim Club	32.36	32.55	
10	Chevin, Jack	15	Stowmarket Swimming Club	34.00	33.94	
lvent	105 Girls 10 Year Olds 200 S	C Meter l	M			
	Name		Team	Seed Time	Finals Time	Points
1	Gedge, Megan	10	Team Ipswich Swimming	3:14.90	3:14.53	
2	Alexander-High, Laura	10	Team Ipswich Swimming	4:10.30	4:10.64	
Event	105 Girls 11 Year Olds 200 S	C Meter I	M			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Hall, Helena	11	Deben Swimming Club	3:12.33	3:00.18	
2	Gray-Cullum, Megan	11	Team Ipswich Swimming	3:12.67	3:08.72	
3	Harvey, Kayleigh	11	Team Ipswich Swimming	3:20.74	3:10.57	
	Jackson, Eloise	11	Stowmarket Swimming Club	3:37.71	DQ	
	6.5 More than one single or	double sim	ultaneous arm pull used to initiate tu	rn - back		
Event	105 Girls 12 Year Olds 200 S	C Meter l	M			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Houston, Ella R	12	Deben Swimming Club	2:49.31	2:47.65	
2	Williams, Cerys	12	West Suffolk Swim Club	2:57.74	2:51.36	
3	Shaw, Katy	12	Stowmarket Swimming Club	3:02.50	3:09.44	
4	White, Caitlyn	12	Felixstowe Swimming Club	3:15.98	3:13.11	
5	Hines, Daisy	12	Stowmarket Swimming Club	3:35.77	3:43.03	
Event	105 Girls 13 Year Olds 200 S	C Meter 1	M			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Mason, Eleanor	13	Bishop's Stortford	2:46.41	2:45.61	
2	McKay, Caitlin	13	West Suffolk Swim Club	2:54.42	2:51.15	
	Attwater, Daisy	13	Deben Swimming Club	2:55.68	DQ	
	9.3 Finish of each stroke no	t in accorda	nce with rules for the particular strol	ke - IM		
Event	105 Girls 14 Year Olds 200 S	C Meter l	M			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Fletcher, Anya	14	Bishop's Stortford	2:46.30	2:43.97	
	Barrett, Louise	14	Stowmarket Swimming Club	3:02.33	3:03.40	
	Barrett, Sophie	14	Stowmarket Swimming Club	3:03.05	3:07.60	
3		Motor IM				
	105 Girls 15 & Over 200 SC	IVICUCI IIVI				
	105 Girls 15 & Over 200 SC Name	Age	Team	Seed Time	Finals Time	Points
Event		<b>Age</b> 16	Team Bishop's Stortford	2:36.11	Finals Time 2:36.72	Points
E <b>vent</b>	Name	<b>Age</b> 16	Team			<u>Points</u>

	t 105 Girls 15 & Over 200 So Name		Team	Seed Time	Finals Time	Points
4	Evans, Shannon	_	Stowmarket Swimming Club	3:07.84	3:07.39	
	Felgate, Emma	15	Felixstowe Swimming Club	3:20.38	3:15.83	
	106 Boys 9 Year Olds 200 So	C Matar IN	· •			
Event	Name		Team	Seed Time	Finals Time	Point
	Redhead, Ashton	_	Team Ipswich Swimming	3:40.00	DQ	1 01110
			nce with rules for the particular strol		ЬQ	
Event	106 Boys 10 Year Olds 200 S					
1	Name		Team	Seed Time	Finals Time	Points
1	Hines, Charlie	10	Stowmarket Swimming Club	4:02.96	4:13.92	
Event	106 Boys 11 Year Olds 200 S	SC Meter I	M			
	Name		Team	Seed Time	Finals Time	Point
	Sari, Tobin		West Suffolk Swim Club	2:55.36	3:04.52	
	Ruffles-Francis, Vaughn		Stowmarket Swimming Club	3:33.24	DQ	
	8.3 Movements of the legs	not simultar	neous - fly			
Event	106 Boys 12 Year Olds 200 S	SC Meter I	M			
	Name	Age	Team	Seed Time	Finals Time	Point
1	Ogden, Thomas	12	Bishop's Stortford	2:35.16	2:32.64	
2	Houston, Connor L	12	Deben Swimming Club	2:56.39	2:50.54	
3	Lundy-Munoz, Xabier	12	Team Ipswich Swimming	3:07.76	3:11.54	
Event	106 Boys 13 Year Olds 200 S	SC Meter I	М			
o vene	Name		Team	Seed Time	Finals Time	Point
1	King, Henry		West Suffolk Swim Club	2:40.22	2:36.52	
	Anderson, Matthew	_	Deben Swimming Club	2:36.44	2:36.78	
	Hall, Harvey		Deben Swimming Club	2:50.53	2:43.71	
	Tempest, Adam		West Suffolk Swim Club	2:52.80	2:50.62	
	•	C M.4 I	N.4			
event	106 Boys 14 Year Olds 200 S Name		vi Team	Seed Time	Finals Time	Points
1	Bowyer, Jack		West Suffolk Swim Club	2:28.46	2:18.94	1 OHIC
	Smart, Harry		West Suffolk Swim Club	2.28.40 NT	2:55.06	
	•		west Surioik Swiiii Club	INI	2.33.00	
Event	106 Boys 15 & Over 200 SC					
	Name		Team	Seed Time	Finals Time	<u>Points</u>
	Whyte, Charles		West Suffolk Swim Club	2:21.12	2:19.01	
2	Evans, Stuart	16	Felixstowe Swimming Club	2:28.00	2:28.75	
Event	107 Girls 9 Year Olds 100 S	C Meter B	reaststroke			
	Name		Team	Seed Time	Finals Time	Points
1	Crabb, Amelie	9	Team Ipswich Swimming	2:00.00	1:45.54	
2	Hattan, Charlotte		Deben Swimming Club	1:55.00	1:52.34	
3	Hutton, Emily	9	Stowmarket Swimming Club	1:59.70	1:58.24	
4	Fisher, Kayden	9	Stowmarket Swimming Club	2:02.95	1:59.39	
5	<i>U</i> ,	9	West Suffolk Swim Club	NT	2:04.12	
6	1 37	9	Team Ipswich Swimming	2:18.77	2:12.17	
7	Sari, Erin	9	West Suffolk Swim Club	NT	2:16.64	
8	Snowden, Beatrice	9	Team Ipswich Swimming	2:07.70	2:21.60	
Event	107 Girls 10 Year Olds 100					
	Name		Team	Seed Time	Finals Time	Points
	Davies, Connie		Deben Swimming Club	1:44.45	1:40.24	
2	Martinez, Princess		West Suffolk Swim Club	1:49.08	1:46.47	
3	Lundy-Munoz, Ane		Team Ipswich Swimming	1:51.70	1:47.90	
	Wiggins, Jessica		Hadleigh Swimming Club	2:02.71	1:49.29	

3 Parsley, Chloe-Jeane

## No Frills Open Meet December 2016 - 17/12/2016 to 18/12/2016 **Results - Sat 17/12/2016**

(Event 107 Girls 10 Year Olds 100 SC Meter I
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	t 107 Girls 10 Year Olds 100 Name		Team	Seed Time	Finals Time	Points
5	Whyte, Olivia		West Suffolk Swim Club	1:52.09	1:50.70	1 011169
	Catchpole, Ellie		Leiston	1:51.05	1:51.80	
	Whinney, Megan		Team Ipswich Swimming	1:57.00	1:58.36	
	Alexander-High, Laura		Team Ipswich Swimming	2:03.77	1:59.60	
9	<del>-</del>		Stowmarket Swimming Club	1:59.66	2:02.32	
	Flack, Eloise		Stowmarket Swimming Club	1:59.41	2:04.51	
11			Team Ipswich Swimming	2:09.15	2:08.77	
	Bishop, Maisie Rose		Stowmarket Swimming Club	2:15.31	2:13.08	
	Veal, Chloe		Team Ipswich Swimming	2:09.69	DQ	
			ach stroke cycle (except after start or		DQ	
	Craig, Freya		Team Ipswich Swimming	2:10.64	DQ	
	7.6 Touch not simultaneous			2.10.04	ЬQ	
<b>.</b> 4			•			
Event	: 107 Girls 11 Year Olds 100 S			C 177	TE' 1 TE'	D
	Name		Team	Seed Time	Finals Time	Points
	King, Alice		Stowmarket Swimming Club	1:42.98	1:38.68	
_	Pyle, Evie		West Suffolk Swim Club	1:42.96	1:40.33	
3	*		Felixstowe Swimming Club	1:46.09	1:43.99	
4	, , , <sub>C</sub>		Team Ipswich Swimming	1:43.94	1:44.29	
5	1 , 2		Stowmarket Swimming Club	1:47.35	1:45.90	
6	*		West Suffolk Swim Club	1:46.97	1:46.83	
7	, ,		Leiston	1:47.18	1:49.82	
	McNicholas, Caitlin		Deben Swimming Club	1:48.15	DQ	
			fly kicks (except after start or turn (as			
	Tyler, Francesca		Felixstowe Swimming Club	1:44.21	DNF	
	10.2 A swimmer did not co	ver the who	le distance – DNF			
Event	107 Girls 12 Year Olds 100 S					
	Name	_	Team	Seed Time	Finals Time	Points
	Snelham, Laura		Deben Swimming Club	1:33.46	1:30.05	
	McNally, Sarah	12	Team Ipswich Swimming	1:31.35	1:30.52	
3	Duffield Abbie					
	,		Team Ipswich Swimming	1:38.45	1:31.50	
4	Williams, Cerys	12	West Suffolk Swim Club			
4 5	Williams, Cerys Sillitoe, Marni	12 12	West Suffolk Swim Club West Suffolk Swim Club	1:38.45 1:32.93 1:45.57	1:31.50	
4 5	Williams, Cerys	12 12 12	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club	1:38.45 1:32.93	1:31.50 1:33.94	
4 5 6	Williams, Cerys Sillitoe, Marni	12 12 12	West Suffolk Swim Club West Suffolk Swim Club	1:38.45 1:32.93 1:45.57	1:31.50 1:33.94 1:35.60	
4 5 6 7	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel	12 12 12 12	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00	1:31.50 1:33.94 1:35.60 1:52.12	
4 5 6 7	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel 107 Girls 13 Year Olds 100 S	12 12 12 12 SC Meter I	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02	Points
4 5 6 7 <b>Event</b>	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel 107 Girls 13 Year Olds 100 S Name	12 12 12 12 12 6C Meter I Age	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02	Points
4 5 6 7 <b>Event</b>	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S Name Bemmer, Lily	12 12 12 12 6C Meter I Age 13	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12 Seed Time 1:28.74	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82	Points
4 5 6 7 <b>Event</b> 1 2	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S Name  Bemmer, Lily Cross, Phoebe	12 12 12 12 12 <b>SC Meter I</b> Age 13 13	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12 Seed Time 1:28.74 1:29.03	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75	Points
4 5 6 7 <b>Event</b> 1 2 3	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S Name  Bemmer, Lily Cross, Phoebe Yates, Mia	12 12 12 12 12 6C Meter I Age 13 13 13	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12 Seed Time 1:28.74 1:29.03 1:30.57	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68	Points
4 5 6 7 <b>Event</b> 1 2 3 4	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin	12 12 12 12 12 6C Meter I Age 13 13 13	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12 Seed Time 1:28.74 1:29.03 1:30.57 1:30.94	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56	Points
4 5 6 7 <b>Event</b> 1 2 3 4 5	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S  Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel	12 12 12 12 12 6C Meter I Age 13 13 13 13	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12 Seed Time 1:28.74 1:29.03 1:30.57	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68	Points
4 5 6 7 <b>Event</b> 1 2 3 4 5	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S	12 12 12 12 6C Meter I 13 13 13 13 13	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12 Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00	
4 5 6 7 Event 1 2 3 4 5	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S  Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S  Name	12 12 12 12 6C Meter I Age 13 13 13 13 13 14 6C Meter I Age	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke Team	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12 Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60 Seed Time	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00	
4 5 6 7 <b>Event</b> 1 2 3 4 5 <b>Event</b>	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S  Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S  Name  Dootson, Ella	12 12 12 12 6C Meter I Age 13 13 13 13 13 14 6C Meter I Age 14	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke Team Stowmarket Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12  Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60  Seed Time 1:25.49	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00 Finals Time 1:25.93	
4 5 6 7 <b>Event</b> 1 2 3 4 5 <b>Event</b>	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S  Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S  Name  Dootson, Ella Smith, Charlotte	12 12 12 12 6C Meter I Age 13 13 13 13 14 Age 14	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke Team Stowmarket Swimming Club Felixstowe Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12  Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60  Seed Time 1:25.49 1:31.97	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00 Finals Time 1:25.93 1:31.11	
4 5 6 7 Event 1 2 3 4 5 Event 1 2 3 3 4 5	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S Name  Dootson, Ella Smith, Charlotte Brown, Alice	12 12 12 12 6C Meter I Age 13 13 13 13 14 14 14	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke Team Stowmarket Swimming Club Felixstowe Swimming Club West Suffolk Swim Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12  Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60  Seed Time 1:25.49 1:31.97 1:33.70	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00 Finals Time 1:25.93 1:31.11 1:32.16	
4 5 6 7 <b>Event</b> 1 2 3 4 5 <b>Event</b> 1 2 3	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S  Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S  Name  Dootson, Ella Smith, Charlotte	12 12 12 12 6C Meter I Age 13 13 13 13 14 14 14	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke Team Stowmarket Swimming Club Felixstowe Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12  Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60  Seed Time 1:25.49 1:31.97	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00 Finals Time 1:25.93 1:31.11	
4 5 6 7 <b>Event</b> 1 2 3 4 5 <b>Event</b> 1 2 3 4 5	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S Name  Dootson, Ella Smith, Charlotte Brown, Alice	12 12 12 12 6C Meter I Age 13 13 13 13 14 Meter I Age 14 14	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke Team Stowmarket Swimming Club Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club West Suffolk Swim Club Stowmarket Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12  Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60  Seed Time 1:25.49 1:31.97 1:33.70	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00 Finals Time 1:25.93 1:31.11 1:32.16	
4 5 6 7 <b>Event</b> 1 2 3 4 5 <b>Event</b> 1 2 3 4 5	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S  Name  Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S  Name  Dootson, Ella Smith, Charlotte Brown, Alice Barrett, Louise	12 12 12 12 6C Meter I Age 13 13 13 13 14 14 14 14 14	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke Team Stowmarket Swimming Club Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club West Suffolk Swim Club Stowmarket Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12  Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60  Seed Time 1:25.49 1:31.97 1:33.70	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00 Finals Time 1:25.93 1:31.11 1:32.16 1:36.24	Points
4 5 6 7 Event  1 2 3 4 5 5 Event  1 2 3 4 4 5 5 Event  1 2 4 5 6 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	Williams, Cerys Sillitoe, Marni Hines, Daisy Muir, Christabel  107 Girls 13 Year Olds 100 S Name Bemmer, Lily Cross, Phoebe Yates, Mia McKay, Caitlin Hutton, Rachel  107 Girls 14 Year Olds 100 S Name Dootson, Ella Smith, Charlotte Brown, Alice Barrett, Louise  107 Girls 15 & Over 100 SC	12 12 12 12 6C Meter I Age 13 13 13 13 14 14 14 14 14 14	West Suffolk Swim Club West Suffolk Swim Club Stowmarket Swimming Club Stowmarket Swimming Club Breaststroke Team Deben Swimming Club Leiston Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club Breaststroke Team Stowmarket Swimming Club Felixstowe Swimming Club West Suffolk Swim Club Stowmarket Swimming Club West Suffolk Swim Club Stowmarket Swimming Club	1:38.45 1:32.93 1:45.57 1:51.00 1:57.12  Seed Time 1:28.74 1:29.03 1:30.57 1:30.94 1:49.60  Seed Time 1:25.49 1:31.97 1:33.70 1:32.42	1:31.50 1:33.94 1:35.60 1:52.12 1:53.02 Finals Time 1:24.82 1:27.75 1:29.68 1:30.56 1:49.00 Finals Time 1:25.93 1:31.11 1:32.16	Points Points

15 West Suffolk Swim Club

1:23.52

1:21.57

1 Crabb, Amelie

2 Stebbings, Katie

# No Frills Open Meet December 2016 - 17/12/2016 to 18/12/2016 Results - Sat 17/12/2016

(Even	t 107 Girls 15 & Over 100 SC	Meter Bi	reaststroke)			
	Name		Team	Seed Time	Finals Time	Points
	Heywood, Annabel	_	West Suffolk Swim Club	1:22.40	1:23.20	
5	Oliver, Elinor		Leiston	1:24.25	1:23.84	
6	Small, Millie	15	West Suffolk Swim Club	1:31.61	1:29.42	
7	Evans, Shannon	15	Stowmarket Swimming Club	1:38.27	1:38.26	
8	Felgate, Emma	15	Felixstowe Swimming Club	1:46.40	1:47.10	
Event	108 Boys 9 Year Olds 100 SC			G AM	F1 1 F1	<b>.</b>
	Name		Team	Seed Time	Finals Time	Points
	Rosher, Benedict		Team Ipswich Swimming	2:05.30	1:59.71	
	Jackson, Alfs E		Stowmarket Swimming Club	2:19.82	2:23.85	
	Clare, Isaac		Team Ipswich Swimming	1:51.40	DQ	
			ach stroke cycle (except after start or		70.0	
	Black, Samuel		Stowmarket Swimming Club	2:26.00	DQ	
	7.4 Leg movements not sim	`	,			
Event	108 Boys 10 Year Olds 100 S Name		Breaststroke Team	Seed Time	Finals Time	Points
1	Bradshaw, Ben		Team Ipswich Swimming	1:57.88	1:52.12	1 UIIIts
	Smith, Albie		Team Ipswich Swimming	1:55.00	1:54.87	
	108 Boys 11 Year Olds 100 S			1.55.00	1.5 1.67	
Event	Name		Team	Seed Time	Finals Time	Points
1	Crabb, Noah		Team Ipswich Swimming	1:33.18	1:30.63	
	Sari, Tobin		West Suffolk Swim Club	1:36.52	1:36.48	
3	Gilmour, Iain		Team Ipswich Swimming	1:45.56	1:38.14	
4	Parsons, James	11		1:47.39	1:42.66	
5	Johnson, Fraser J	11		1:46.95	1:47.78	
_	Ruffles-Francis, Vaughn		Stowmarket Swimming Club	1:49.16	1:48.33	
Event	108 Boys 12 Year Olds 100 S	C Meter I	Breaststroke			
	Name		Team	Seed Time	Finals Time	Points
1	Chapman, Jacob I	12	Stowmarket Swimming Club	1:42.12	1:51.22	
	Black, Luke	12	Stowmarket Swimming Club	2:01.08	2:00.30	
Event	108 Boys 13 Year Olds 100 S	C Meter I	Breaststroke			
	Name		Team	Seed Time	Finals Time	Points
1	Tontodonati, Marco	13	Bishop's Stortford	1:19.65	1:20.10	
2	King, Henry	13	West Suffolk Swim Club	1:25.15	1:23.19	
	Brigginshaw, Archie	13	Deben Swimming Club	1:31.75	1:32.83	
Event	108 Boys 14 Year Olds 100 S	C Meter I	Breaststroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Handley, Will	14	Stowmarket Swimming Club	1:14.07	1:16.00	
	Clarke, Luca	14	West Suffolk Swim Club	1:20.79	1:21.33	
3	Fletcher, Joe	14	Stowmarket Swimming Club	1:37.15	1:30.43	
Event	108 Boys 15 & Over 100 SC	Meter Bre	eaststroke			
	Name		Team	Seed Time	Finals Time	Points
1	Boyt, Thomas	_	Felixstowe Swimming Club	1:14.23	1:13.21	
	Davis, Callum		Bishop's Stortford	1:11.70	1:14.24	
3	Pyle, Oliver		West Suffolk Swim Club	1:13.81	1:14.51	
4	****	15	West Suffolk Swim Club	1:20.95	1:15.79	
	Dineshkumar, Vijay		West Suffolk Swim Club	1:26.64	1:29.01	
	109 Girls 9 Year Olds 50 SC					
	Name		Team	Seed Time	Finals Time	Points

9 Team Ipswich Swimming

9 Stowmarket Swimming Club

42.97

45.98

44.01

45.70

# No Frills Open Meet December 2016 - 17/12/2016 to 18/12/2016

		110 1111	ls Open Meet December 2016 - 1 //Results - Sat 17/12			
(Even	t 109 Girls 9 Year Olds 50 SC	C Meter Ba	ickstroke)			
	Name		Team	Seed Time	Finals Time	Points
3	Hattan, Charlotte	9	Deben Swimming Club	45.05	45.73	
4	Saise, Rosalind	9	Team Ipswich Swimming	56.34	50.29	
5	Fisher, Kayden	9	Stowmarket Swimming Club	49.41	50.53	
6	Murphy, Madison	9	Team Ipswich Swimming	52.34	53.42	
7	Wright, Elizabeth	9	West Suffolk Swim Club	51.65	54.64	
8	Hutton, Emily	9	Stowmarket Swimming Club	56.57	57.47	
9	Snowden, Beatrice	9	Team Ipswich Swimming	1:10.50	1:03.25	
10	Sari, Erin	9	West Suffolk Swim Club	1:05.87	1:08.40	
Event	109 Girls 10 Year Olds 50 So	C Meter Ba	ackstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Whyte, Olivia	10	West Suffolk Swim Club	45.08	42.70	
2	Lundy-Munoz, Ane	10	Team Ipswich Swimming	44.22	43.26	
3	Gedge, Megan	10	Team Ipswich Swimming	42.04	43.77	
4	Martinez, Princess	10	West Suffolk Swim Club	45.21	45.74	
5	Wiggins, Jessica	10	Hadleigh Swimming Club	49.07	46.38	
6	Jordan-Pearce, Ruby	10	Stowmarket Swimming Club	47.52	48.64	
7	Veal, Chloe	10	Team Ipswich Swimming	49.01	50.03	
8	Armstrong, Belle	10	Team Ipswich Swimming	55.52	50.49	
9	Flack, Eloise	10	Stowmarket Swimming Club	49.28	50.56	
10	Alexander-High, Laura	10	Team Ipswich Swimming	55.05	50.99	
	Clarke, Darcy	10	Stowmarket Swimming Club	48.62	DQ	
	6.5 Single or double simult	aneous arm	pull used to initiate turn or not perfor	rmed immediat		
	Whinney, Megan		Team Ipswich Swimming	56.18	DQ	
	6.5 More than one single or	r double sim	ultaneous arm pull used to initiate tu	rn		
Event	109 Girls 11 Year Olds 50 SC					
	Name		Team	Seed Time	Finals Time	Points
	Lander, Sophie		Stowmarket Swimming Club	36.06	36.22	
	Ridgeon, Amber		Leiston	40.99	39.91	
	Crouch, Erin	11	Team Ipswich Swimming	39.97	40.11	
	Benedetti, Erica	11	9	42.99	40.39	
	King, Alice	11	Stowmarket Swimming Club	41.18	41.20	
	Shrimpton, Emily	11	1	41.11	41.39	
7	Gray-Cullum, Megan		Team Ipswich Swimming	42.86	41.62	
8	Clark, Alice	11	West Suffolk Swim Club	43.14	42.85	

	Name	Age	Team	Seed Time	Finals Time	Points
1	Lander, Sophie	11	Stowmarket Swimming Club	36.06	36.22	
2	Ridgeon, Amber	11	Leiston	40.99	39.91	
3	Crouch, Erin	11	Team Ipswich Swimming	39.97	40.11	
4	Benedetti, Erica	11	Stowmarket Swimming Club	42.99	40.39	
5	King, Alice	11	Stowmarket Swimming Club	41.18	41.20	
6	Shrimpton, Emily	11	Team Ipswich Swimming	41.11	41.39	
7	Gray-Cullum, Megan	11	Team Ipswich Swimming	42.86	41.62	
8	Clark, Alice	11	West Suffolk Swim Club	43.14	42.85	
9	Harvey, Kayleigh	11	Team Ipswich Swimming	42.04	43.14	
10	Crawley, Abigail	11	Felixstowe Swimming Club	44.65	43.19	
11	McNicholas, Caitlin	11	Deben Swimming Club	43.26	43.25	
12	Abbott, Rowan	11	Hadleigh Swimming Club	44.03	43.70	
13	Leighton, Katimai	11	Felixstowe Swimming Club	42.55	43.83	
14	Sergent, Adela	11	West Suffolk Swim Club	47.94	44.36	
15	Cooper, Emily	11	Stowmarket Swimming Club	45.75	46.69	
16	Yates, Eve	11	Felixstowe Swimming Club	45.33	48.27	

## Event 109 Girls 12 Year Olds 50 SC Meter Backstroke

	Name	<u>Age</u>	Team	Seed Time	Finals Time	<u>Points</u>
1	Houston, Ella R	12	Deben Swimming Club	35.90	35.85	
2	Venediger, Niamh	12	Deben Swimming Club	37.86	37.32	
3	Williams, Cerys	12	West Suffolk Swim Club	38.23	38.01	
4	Shaw, Katy	12	Stowmarket Swimming Club	37.76	38.70	
5	Latimer-Hicks, Madelyn	12	Leiston	37.30	38.82	
6	Keeble, Jessica	12	Felixstowe Swimming Club	39.23	39.07	
7	Chevin, Hannah	12	Stowmarket Swimming Club	39.78	39.53	
8	McNally, Sarah	12	Team Ipswich Swimming	40.62	39.99	
9	Sillitoe, Marni	12	West Suffolk Swim Club	44.45	40.61	

	(Event 109	Girls 12 Year	Olds 50	SC Meter	Rackstroke)
- 1	LEVEHT IUS	GILIS 12 TEAL	Olus Sv	SC Meter	Dacksuukei

		No Fril	ls Open Meet December 2016 - 1	17/12/2016 to 18/12/	2016	
			Results - Sat 17/12/2	2016		
(Even	t 109 Girls 12 Year Olds 50	SC Meter E	Backstroke)			
	Name		Team	Seed Time	Finals Time	Points
10	Evans, Nia	12	Hadleigh Swimming Club	41.02	40.84	
11	Branton, Poppy M	12	Deben Swimming Club	43.55	42.88	
12	Ray, Kitty	12	West Suffolk Swim Club	46.89	44.19	
	Muir, Christabel	12	Stowmarket Swimming Club	45.34	DQ	
	6.5 More than one single of	or double sim	ultaneous arm pull used to initiate tu	rn		
	Duffield, Abbie		Team Ipswich Swimming	39.31	DQ	
	6.5 Single or double simu	ltaneous arm	pull used to initiate turn or not perform	rmed immediat		
Event	109 Girls 13 Year Olds 50 S	C Meter B	ackstroke			
	Name		Team	Seed Time	Finals Time	Points
1	Snelham, Hannah	13	Deben Swimming Club	33.80	34.58	
2	Mason, Eleanor	13	Bishop's Stortford	35.90	35.54	
3	Yates, Mia	13	Felixstowe Swimming Club	37.07	37.01	
4	McKay, Caitlin	13	West Suffolk Swim Club	36.61	37.04	
5	Ungless, Isabelle	13		38.81	37.45	
6	Bird, Madeline	13	Leiston	37.39	38.26	
7	Cherry, Bethan	13	Stowmarket Swimming Club	39.75	41.91	
8	Clark, Imogen	13	West Suffolk Swim Club	41.58	42.50	
9	Hutton, Rachel	13	Stowmarket Swimming Club	47.42	48.04	
Event	109 Girls 14 Year Olds 50 S	C Meter B	ackstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Carroll, Sarah	14	Bishop's Stortford	34.29	34.06	
2	Fletcher, Anya	14	Bishop's Stortford	35.41	34.12	
3	Eastland, Nellie	14	Bishop's Stortford	34.44	35.09	
4	Dootson, Ella	14	Stowmarket Swimming Club	36.94	36.50	
5	Branton, Rose E	14	Deben Swimming Club	36.01	37.49	
6	Smith, Charlotte	14	Felixstowe Swimming Club	35.05	38.31	
	Brown, Alice	14	West Suffolk Swim Club	38.80	DQ	
	6.5 Single or double simu	ltaneous arm	pull used to initiate turn or not perform	rmed immediat	~	
Event	109 Girls 15 & Over 50 SC	Meter Back	kstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Pretious-White, Josie	15	Bishop's Stortford	30.34	31.20	
2	Young, Amy	17	Bishop's Stortford	31.30	31.93	
3	Pretious-White, Zara	16	Bishop's Stortford	31.79	33.02	
4	Taplin, Hannah	15	Deben Swimming Club	33.63	33.35	
	Claydon, Megan	16	Deben Swimming Club	32.75	33.38	
_	·		D' 1 1 C + C 1	22.10	22.02	

	Name	Age	Team	Seed Time	Finals Time	Points
1	Pretious-White, Josie	15	Bishop's Stortford	30.34	31.20	
2	Young, Amy	17	Bishop's Stortford	31.30	31.93	
3	Pretious-White, Zara	16	Bishop's Stortford	31.79	33.02	
4	Taplin, Hannah	15	Deben Swimming Club	33.63	33.35	
5	Claydon, Megan	16	Deben Swimming Club	32.75	33.38	
6	Lampon, Emily	17	Bishop's Stortford	33.10	33.83	
7	Ryen, Clara	16	West Suffolk Swim Club	34.50	35.01	
8	Small, Millie	15	West Suffolk Swim Club	35.93	35.08	
9	Parsley, Chloe-Jeane	15	West Suffolk Swim Club	33.39	35.22	
10	Nicolai, Olivia	16	West Suffolk Swim Club	37.55	37.82	
11	Felgate, Emma	15	Felixstowe Swimming Club	42.27	43.49	

### Event 110 Boys 9 Year Olds 50 SC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Clare, Isaac	9	Team Ipswich Swimming	43.40	39.97	
2	Redhead, Ashton	9	Team Ipswich Swimming	40.88	41.46	
3	Flack, Liam	9	Stowmarket Swimming Club	48.90	48.63	
4	Rosher, Benedict	9	Team Ipswich Swimming	54.60	54.01	
5	Spelman, Thomas	9	Stowmarket Swimming Club	NT	56.08	
6	Black, Samuel	9	Stowmarket Swimming Club	1:03.00	1:04.10	
	Jackson, Alfs E	9	Stowmarket Swimming Club	55.85	DQ	
	6.5 More than one single or doub	e sim	ultaneous arm pull used to initiate turn			
	Robinson, Patch	9	Team Ipswich Swimming	56.03	DQ	

4.4 Starting before starting signal

Event 110 Boys	s 10	Year	Olds	50 SC	C Meter	Backstroke
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	Name		Team	Seed Time	Finals Time	Points
1	Bradshaw, Ben	10	Team Ipswich Swimming	42.63	41.79	
2	Meadows, Lewis	10	Felixstowe Swimming Club	43.46	42.62	
3	Smith, Albie	10	Team Ipswich Swimming	47.48	49.81	
4	Houghton, Ben	10	Hadleigh Swimming Club	NT	52.46	
vent	110 Boys 11 Year Olds 50 SC	Meter Ba	ackstroke			
	Name	Age	Team	Seed Time	Finals Time	Points
1	Kenny, Joseph	11	Leiston	37.60	38.77	
2	Brown, Matthew	11	Stowmarket Swimming Club	39.37	38.98	
3	Williams, Isaac	11	Felixstowe Swimming Club	41.29	39.90	
4	Parsons, James	11	Deben Swimming Club	40.25	40.15	
5	Sari, Tobin	11	West Suffolk Swim Club	39.93	41.60	
6	Hilton, Thomas	11	Deben Swimming Club	41.61	42.02	
7	Phillips, Ben	11		41.63	42.63	
	Rosher, Dominic	11	Team Ipswich Swimming	43.76	42.90	
9		11		41.74	42.93	
	Bishop, Joshua	11		45.01	43.63	
	Ruffles-Francis, Vaughn		Stowmarket Swimming Club	44.27	44.41	
	110 Boys 12 Year Olds 50 SC	Meter Ba	nckstroke			
	Name		Team	Seed Time	Finals Time	Points
1	Lundy-Munoz, Xabier	12	Team Ipswich Swimming	40.84	40.17	
2	Chapman, Jacob I	12	Stowmarket Swimming Club	45.32	48.39	
3	Black, Luke	12	Stowmarket Swimming Club	48.69	48.97	
vent	110 Boys 13 Year Olds 50 SC	Meter Ba	ackstroke			
	Name		Team	Seed Time	Finals Time	Points
1	Anderson, Matthew	13	Deben Swimming Club	32.49	32.02	
	Tontodonati, Marco	13		33.14	33.75	
3	·	13	West Suffolk Swim Club	35.83	35.10	
4	King, Henry	13	West Suffolk Swim Club	35.21	35.86	
5		13	Deben Swimming Club	37.12	36.95	
6		13	Felixstowe Swimming Club	37.87	37.33	
7	Brigginshaw, Archie		Deben Swimming Club	39.44	39.09	
8	Spink, Cameron		Leiston	43.05	41.86	
	110 Boys 14 Year Olds 50 SC	Meter Ba	nckstroke			
	Name		Team	Seed Time	Finals Time	Points
1	Handley, Will		Stowmarket Swimming Club	32.39	32.37	
	Clarke, Luca	14		34.57	34.42	
	Fletcher, Joe	14	Stowmarket Swimming Club	36.17	36.24	
	Smart, Harry		West Suffolk Swim Club	36.60	37.55	
	110 Boys 15 & Over 50 SC M					
.vent	Name		Team	Seed Time	Finals Time	Points
1	Boyt, Thomas	_	Felixstowe Swimming Club	29.22	29.75	Tomes
	Whyte, Charles		West Suffolk Swim Club	31.61	30.47	
3		_	Bishop's Stortford	30.03	30.47	
4			Bishop's Stortford	32.03	31.42	
_	_ *		Felixstowe Swimming Club	31.97	31.53	
5						
6	,	16	_	32.46	33.01	
7	1	15	_	33.33	33.88	
8	-	15	_	34.28	34.93	
9	Parsons, Henry	15	Deben Swimming Club	39.32	36.58	