



East Swimming Long Course Championships – Weekend One (Luton)

Friday 29th April – Monday 1st May 2017

DRY LAND TRAINING AREA – PILOT

The East Swimming Committee, working with the East Swimming Coaches Forum, is piloting the use of a dry land training area for first weekend of the East Swimming Long Course Championships 2017.

Two badminton courts have been hired each day for this purpose, one of which will be matted. The use of training equipment such as medicine balls is permitted in this area, but such equipment will not be provided.

The availability of this facility is as follows:

Date	Time	Court Numbers
Saturday 29 April	12:00 – 19:00	7+8
Sunday 30 April	09:30 – 19:00	1+2
Monday 1 May	09:30 – 18:00 (Session finish will be before 6pm)	1+2

The use of the facility is subject to the following conditions:

1. Swimmers must only use the designated area. Other areas may be hired to members of the public. The Regional Swimming Committee has hired the area knowing that our athletes and team staff will treat other facility users and personnel with courtesy and respect
2. At all times, users of the area must be accompanied by a Team Manager or Coach with event accreditation
3. By prior individual arrangement, it shall be permissible for Team Managers/Coaches to assume responsibility for swimmers from other teams, up to a ratio of 1:25
4. The designated area is part of the competition space - only authorised athletes and accredited team personnel are allowed entry
5. Sport therapy equipment, including massage tables, is not permitted in the area
6. Swimmers must be dry, suitably clothed and wearing appropriate footwear (not wet flip flops) before entering the facility
7. The area will be closed in the event of misuse, or if safeguarding becomes a concern

PUBLIC EXAMINATION REVISION AREA

Participating swimmers who also need to conduct revision for GCSE, A-Level and other public examinations will have a table provided for that purpose in the Technical Officials' Meeting Room.

This is to provide students with the opportunity to revise in silence. As the room will also double as a dining and meeting room between sessions, all students must vacate the room at these times.

The approximate availability of the revision room is:

Saturday 29 April	09:30 – 12:00 13:45 – 15:30 17:20 – 19:00
Sunday 30 April	09:30 – 11:45 13:40 – 15:45 17:05 - 18:50
Monday 1 May	09:15 – 10:35 12:15 – 14:45 16:15 – 17:00

The room is for silent revision only –anyone not using the room for the purpose it is intended will be asked to leave and the facility will be removed.

PHOTOGRAPHY AT EAST SWIMMING LONG COURSE CHAMPIONSHIPS

The conditions for this event, and for the Inter County Competition in July, were written and licensed prior to the changes to the ASA guidance on photography. As such, there will no longer be a requirement, as mentioned in our conditions, for individuals to register their devices on entry to the facility.

That said, all persons must adhere fully to the revised guidance on photography and the publication of images that have been issued in the latest edition of Wavepower – Swim England's Child Protection document.

You can obtain a full copy of the Wavepower document from your club's Welfare Officer.

A copy can also be found here:

<http://www.swimming.org/swimengland/wavepower-child-safeguarding-for-clubs/>