



November Open Meet 2017

Hosted by Teamipswich Swimming
(Level 3 Licence 3ER171868)

Crown Pools, Ipswich,
Saturday 18th – Sunday 19th November 2017

Venue	Crown Pools, Ipswich, IP1 3JA
Pool:	8 Lane Short Course Electronic Timing
Referee	Lead appointed
Age Groups:	9, 10, 11, 12, 13, 14, 15, 16 & over Age as at 19 th November 2017
Awards:	There will be awards for the top three boys/girls in each event in each age group.
Events:	50m, 100m and 200m All Strokes 100m and 200m Individual Medley 400m Freestyle
Fees:	Race Entry Fee: £4.50 per entry
Entries To:	Teamipswich Meet Managers (teamipswich.mm@gmail.com)
Closing Date:	15 th September 2017
Enquiries:	Can be emailed to Claire Burgess & Rachel Southgate ("the promoter") at teamipswich.mm@gmail.com

This is a Level 3 licenced meet to provide an opportunity for swimmers to obtain county and regional qualifying times.

November Open Meet

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At Crown Pools, Ipswich

PROGRAMME OF EVENTS

Saturday 18th - Sunday 19th November 2017

Day 1 Saturday 18th November 2017

Session 1 - Warm-up 14:30, Start TBA,

101	Female 200m Freestyle	102	Male 200m Freestyle
103	Female 50m Breaststroke	104	Male 50m Breaststroke
105	Female 100m Backstroke	106	Male 100m Backstroke
107	Female 200m Butterfly	108	Male 200m Butterfly
109	Female 50m Freestyle	110	Male 50m Freestyle

Day 2 Sunday 19th November 2017

Session 2 - Warm-up 08:30, Start TBA,

201	Male 200m Individual Medley	202	Female 200m Individual Medley
203	Male 50m Butterfly	204	Female 50m Butterfly
205	Male 400m Freestyle	206	Female 400m Freestyle
207	Male 100m Breaststroke	208	Female 100m Breaststroke
209	Male 200m Backstroke	210	Female 200m Backstroke

Session 3 - Warm-up TBA, Start TBA,

301	Male 100m Freestyle	302	Female 100m Freestyle
303	Male 100m Individual Medley	304	Female 100m Individual Medley
305	Male 50m Backstroke	306	Female 50m Backstroke
307	Male 200m Breaststroke	308	Female 200m Breaststroke
309	Male 100m Butterfly	310	Female 100m Butterfly

Age groups: 9, 10, 11, 12, 13, 14, 15, and 16 & Over

Age at 19th November 2017

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at Crown Pools, Ipswich – 18th / 19th November 2017

Entry Form

FORENAMESURNAME

MALE/FEMALE..... D.O.B...../...../.....Age at 19th Nov 2017.....

CLUB

EMAILPHONE.....

A.S.A. REGISTRATION No.

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EVENT	ENTRY TIME
Times entered should be 25m or 50m converted times.	
200m FREESTYLE	
50m BREASTSTROKE	
100m BACKSTROKE	
200m BUTTERFLY	
50m FREESTYLE	
200m INDIVIDUAL MEDLEY	
50m BUTTERFLY	
400m FREESTYLE	
100m BREASTSTROKE	
200m BACKSTROKE	
100m FREESTYLE	
100m INDIVIDUAL MEDLEY	
50m BACKSTROKE	
200m BREASTSTROKE	
100m BUTTERFLY	
Entry Fee (£4.50 / event)	£
Admin Fee (Late Entry only)	£ 5.00
Total Entry Fee	£

ENTRY FEE IS **£4.50** PER EVENT, An administration fee of £5.00 will be charged per swimmer for entries received after the closing date. One payment per Club Entry please.

Please Note: Photographs may be taken at this meet and used for publicity purposes in accordance with ASA regulations concerning the use of video close range or zoom photography. If swimmers or parents/guardians of competitors under the age of 18 **do not** wish such photographs to be published, they should notify the meet organiser in writing by attaching a letter to this form.

CLOSING DATE FOR ENTRIES IS 15th SEPTEMBER 2017

PLEASE
TICK { CHECK —
CASH —
BACS —

Teamipswich Swimming November Open Meet 2017

18th / 19th November 2017

Girls Qualifying Times

GIRLS									
Stroke		9	10	11	12	13	14	15	16+
Free 50	Not slower than	57.50	50.00	46.00	39.00	37.00	36.00	35.50	35.00
	Not faster than	30.00	29.00	27.00	26.50	26.00	25.70	25.50	24.80
Free 100	Not slower than	2:00.00	1:48.00	1:37.00	1:28.50	1:23.50	1:18.10	1:16.10	1:15.00
	Not faster than	1:05.00	1:04.00	1:01.00	57.00	55.00	54.00	53.50	53.00
Free 200	Not slower than	4:43.00	3:59.40	3:25.00	3:04.00	2:51.00	2:50.00	2:49.00	2:48.00
	Not faster than	2:24.00	2:12.00	2:05.00	2:04.00	2:03.00	1:59.00	1:58.00	1:56.00
Free 400	Not slower than	6:25.00	6:25.00	6:00.00	5:35.00	5:30.00	5:25.00	5:20.00	5:10.00
	Not faster than	5:00.00	4:45.00	4:30.00	4:25.00	4:20.00	4:15.00	4:10.00	4:05.00
Back 50	Not slower than	1:05.50	57.00	53.00	48.50	44.50	43.00	41.50	41.00
	Not faster than	35.00	32.00	31.00	30.00	29.00	28.50	28.00	27.50
Back 100	Not slower than	2:05.00	1:55.00	1:48.00	1:40.60	1:34.60	1:28.30	1:26.30	1:21.00
	Not faster than	1:14.00	1:10.00	1:05.00	1:02.00	1:01.00	1:00.50	1:00.00	59.50
Back 200	Not slower than	4:40.00	4:20.00	3:41.00	3:27.40	3:23.40	3:17.90	3:12.90	3:07.00
	Not faster than	2:35.00	2:30.00	2:25.00	2:06.00	2:11.00	2:09.00	2:07.00	2:05.00
Breast 50	Not slower than	1:14.00	1:04.30	57.00	52.70	49.70	45.80	45.70	45.60
	Not faster than	40.00	37.50	35.00	34.50	33.50	32.80	32.00	31.00
Breast 100	Not slower than	2:20.00	2:10.00	1:57.00	1:47.20	1:41.20	1:38.30	1:36.30	1:36.00
	Not faster than	1:27.00	1:21.00	1:17.00	1:15.00	1:13.00	1:11.00	1:10.00	1:09.00
Breast 200	Not slower than	5:20.00	5:05.00	4:25.00	3:59.40	3:42.40	3:30.80	3:27.80	3:25.00
	Not faster than	3:10.00	2:51.00	2:46.00	2:41.00	2:37.00	2:34.00	2:31.50	2:30.00
Fly 50	Not slower than	1:10.00	1:05.30	54.00	46.20	43.20	41.80	41.70	41.60
	Not faster than	34.00	31.00	30.00	29.00	28.50	28.20	27.80	27.50
Fly 100	Not slower than	2:17.00	2:08.00	1:45.00	1:36.80	1:33.20	1:31.60	1:30.60	1:28.00
	Not faster than	1:15.00	1:12.00	1:08.00	1:04.00	1:03.00	1:00.50	1:00.00	59.50
Fly 200	Not slower than	5:00.00	4:40.40	4:20.00	3:49.00	3:29.00	3:10.10	3:07.10	3:05.00
	Not faster than	2:50.00	2:38.00	2:30.00	2:24.00	2:21.00	2:18.50	2:16.00	2:14.00
100 IM	Not slower than	2:28.50	2:24.10	1:52.20	1:42.70	1:35.70	1:34.50	1:33.50	1:32.50
	Not faster than	1:15.00	1:12.00	1:09.00	1:07.00	1:05.00	1:04.50	1:03.50	1:02.00
200 IM	Not slower than	5:10.00	4:31.40	3:57.00	3:38.70	3:28.70	3:12.40	3:10.40	3:08.10
	Not faster than	2:42.00	2:31.00	2:24.00	2:21.00	2:18.00	2:16.00	2:14.00	2:12.00

Notes: Age is as at 19th November 2017. Times submitted should be for the events entered and be personal best times achieved most recently prior to submitting the entry forms.

Refer to the Promoters conditions for acceptance or rejection of competitor entries.

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Boys Qualifying Times

BOYS									
Stroke		9	10	11	12	13	14	15	16+
Free 50	Not slower than	57.50	50.00	46.00	39.00	36.00	35.00	34.50	34.00
	Not faster than	30.00	29.00	27.00	25.00	24.00	23.50	23.20	23.00
Free 100	Not slower than	1:50.00	1:40.00	1:33.00	1:24.50	1:20.50	1:18.30	1:16.10	1:12.00
	Not faster than	1:05.00	1:04.00	58.50	54.50	52.00	51.00	50.50	50.00
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	Not faster than	3:10.00	2:51.00	2:40.00	2:22.00	2:20.00	2:17.00	2:16.50	2:16.00
Fly 50	Not slower than	1:10.00	1:05.30	54.00	46.20	43.20	42.20	41.70	39.00
	Not faster than	34.00	31.00	29.00	27.00	25.60	25.50	25.20	25.00
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