

Affiliated to East Region A.S.A. & Suffolk County A.S.A

September Season Opener 2017

Hosted by Felixstowe Waves Swimming Club Level 3 Licence No. 3ER170748

Felixstowe Leisure Centre Sunday 10th September 2017

Venue:

Felixstowe Leisure Centre, Felixstowe IP11 2AB

Pool:

6 Lane Short Course Electronic Timing

Age Groups:

9,10,11,12&13,14&15,16&over

Age as of 10th September 2017

Events:

50m and 100m all strokes

Fees:

Race Entry Fee: £4.00 per entry

Entries to:

gala@felixstowe-waves.com

Closing Date:

INTERNAL CLUB DATE FRIDAY 14th JULY 2017

Enquiries:

gala@felixstowe-waves.com

ELECTRONIC ENTRIES ARE PREFERRED

This is a Level 3 licenced meet to provide an opportunity for swimmers to

obtain county and regional qualifying times.











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PROGRAMME OF EVENTS

Sunday 10th September 2017

Session 1 Warm up 08:30 Start 09:30

1 Female 100 Breast 2 Male 100 Fly
3 Female 50 Back 4 Male 50 Breast
5 Female 100 Free 6 Male 100 Back
7 Female 50 Fly 8 Male 50 Free
9 Female 100 IM

Session 2 Warm up 13:00 Start 14:00

 10 Male 100 Breast
 11 Female 100 Fly

 12 Male 50 Back
 13 Female 50 Breast

 14 Male 100 Free
 15 Female 100 Back

 16 Male 50 Fly
 17 Female 50 Free

 18 Male 100 IM

Age groups 9,10,11, 12&13, 14&15, 16&over Age as of 10th September 2017

Please note, due to limited seating it may be necessary to leave poolside when your child is not swimming. Please be considerate to other spectators. At the end of session 1, all spectators must leave poolside.











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ENTRY FORM

Forename:
Surname:
Male/Female:
DOB:
Age at 10/09/17
Email:
Phone:
Club:
ASA Registration:

Event	Entry Time
50 Fly	
50 Back	
50 Breast	
50 Free	
100 Fly	
100 Back	
100 Breast	
100 Free	
100 IM	

Total No. of entries	
Total Cost at £4.00 per entry	£









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Cut off Times - No faster than 25 m pool

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	16+	27.00	33.80	30.10	28.60	59.30	1.15.40	1.06.20	1.06.90	1.06.20
	15	27.50	35.00	31.00	30.00	1.00.8	1.16.10	1.07.80	1.07.80	1.08.00
	14	28.40	36.00	32.00	31.00	1.01.50	1.16.90	1.09.80	1.09.00	1.09.00
	13	29.70	37.00	33.50	31.50	1.04.10	1.17.50	1.10.00	1.10.50	1.10.50
Girls	12	30.00	38.00	35.00	32.00	1.06.30	1.20.00	1.14.00	1.12.60	1.12.00
	11	31.00	39.00	36.50	34.00	1.09.30	1.25.00	1.18.00	1.15.00	1.16.00
	10	33.50	44.00	38.00	36.00	1.12.30	1.36.00	1.24.00	1.19.00	1.20.00
	6	36.00	55.00	41.00	52.00	1.16.00	1.40.00	1.30.00	1.25.00	1.26.00
Event		50 free	50 breast	50 back	50 fly	100 free	100 breast	100 back	100 fly	100 IM
Event	16+		29.00 50 breast							
Event	15 16+	23.00		27.50	26.00	51.00	1.03.00	57.00	58.00	57.00
Event		24.00 23.00	29.00	28.50 27.50	27.00 26.00	52.70 51.00	1.04.50 1.03.00	1.01.40 57.00	1.00.00 58.00	1.00.00 57.00
Event	15	25.50 24.00 23.00	31.00 29.00	30.50 28.50 27.50	27.50 27.00 26.00	57.00 52.70 51.00	1.07.50 1.04.50 1.03.00	1.06.00 1.01.40 57.00	1.02.50 1.00.00 58.00	1.04.00 1.00.00 57.00
	14 15	27.50 25.50 24.00 23.00	31.50 31.00 29.00	32.50 30.50 28.50 27.50	28.00 27.50 27.00 26.00	1.01.50 57.00 52.70 51.00	1.12.50 1.07.50 1.04.50 1.03.00	1.10.00 1.06.00 1.01.40 57.00	1.05.00 1.02.50 1.00.00 58.00	1.08.00 1.04.00 1.00.00 57.00
	13 14 15	29.50 27.50 25.50 24.00 23.00	32.00 31.50 31.00 29.00	34.50 32.50 30.50 28.50 27.50	29.50 28.00 27.50 27.00 26.00	1.04.00 1.01.50 57.00 52.70 51.00	1.17.50 1.12.50 1.07.50 1.04.50 1.03.00	1.14.00 1.10.00 1.06.00 1.01.40 57.00	1.08.00 1.05.00 1.02.50 1.00.00 58.00	1.12.00 1.08.00 1.04.00 1.00.00 57.00
	12 13 14 15	31.00 29.50 27.50 25.50 24.00 23.00	34.00 32.00 31.50 31.00 29.00	37.00 34.50 32.50 30.50 28.50 27.50	31.50 29.50 28.00 27.50 27.00 26.00	1.07.00 1.04.00 1.01.50 57.00 52.70 51.00	1.22.50 1.17.50 1.12.50 1.07.50 1.04.50 1.03.00	1.18.00 1.14.00 1.10.00 1.06.00 1.01.40 57.00	1.12.00 1.08.00 1.05.00 1.02.50 1.00.00 58.00	1.16.00 1.12.00 1.08.00 1.04.00 1.00.00 57.00





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Rules and Conditions Licence No.

General

- The competition will be held under ASA Laws and Regulations and to the ASA Open Meet Licensing Criteria
 - The meet is licensed at Level 3
- 2 All entrants must be CAT 2 members of an ASA affiliated club
- 3 Competitors age shall be as at 10th September 2017
- The pool length is 25 metres, 6 lanes. Depth of shallow end is 0.9 metres
- It is the responsibility of all clubs and coaches to ensure that swimmers are compentent to the standard of the ASA Competitive Start Award.
 - Swimmers may start in the water, but must inform the relevant official before the start of the race.
- Awards will be made for the top 3 in the following age groups for each event. 9 yrs, 10 yrs, 11 yrs, 12&13 yrs, 14&15 yrs, 16 and over

Entries

- 7 All entries are £4.00 per event
- 8 Entries must be made on the official entry forms and may be submitted electronically or by post.

 The meet will use Hytek software and entry files will be available from www.felixstowe-waves.com.

Clubs who submit their entry by post should also send a copy of the club summary form and the TM Entry Report together with a cheque for the total number of swims and coach passes required, Felixstowe Swimming Club will not accept responsibility for the consequences of incorrect value stamps on envelopes. Cheques must be made payable to Felixstowe Swimming Club. Only one cheque per club wherever possible. BACS payment is preferred and details will be provided to clubs on request. The promoter reserves the right to return any entry not fulfilling these requirements.

- If the meet is oversubscribed and it is necessary to reject swimmers to ensure meet runs to time, any deletions will be made on a first come, first served basis. Full reimbursement of fees shall be made in respect of these events. Entry times must have been achieved since 1st September 2016 and should be no faster than the cut off times provided.
- Coach passes should be ordered at time of entry. All swimmers should be accompanied by a coach/team manager/chaperone.











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Additional Information

- Felixstowe swimming club accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer at the end of the competition will be handed to Felixstowe Leisure centre management for collection by the owner.
- In accordance with the ASA Child Safeguarding Policies and Procedures any parents or carers of [swimmers/divers/players] under the age of 18 who wish to take photographic or video images are requested to focus on their own child as much as reasonably possible and to avoid including other children in those images, particularly if those images are being shared with family and friends through social media platforms. Should you have any concerns about photography or filming at this event then please bring them to the attention of any of the Felixstowe officials present at the gala, who will refer to the announcer at the gala, or Jane Mazur, welfare officer.
- Entries to this meet will be held on a computer and consent to the holding of personal information as required by then Data Protection Act 1998 will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the promoter.
- Spectators, officials and competitors are asked to familiarise themselves with the location of all emergency exits and must abide by the rules laid down by the venue management.
- 15 Coaches or Team Managers are responsible for the swimmers conduct at all times
- 16 By submitting an entry, competitors and coaches are agreeing to be bound by these rules
- 17 The promoters reserve the right to refuse admission to any person
- 18 Results will be available on the club website www.felixstowe-waves.com as soon as possible after the meet. Results will be emailed to British swimming for inclusion in the national rankings database.
- Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to ASA Laws, Regulations and the ASA Technical Rules of Racing.
- All teams with more than six swimmers must provide at least one official per session.

Promoter: Louise Boyt gala@felixstowe-waves.com Felixstowe Swimming Club







